

NIHR ARC Oxford and Thames Valley Inclusion Monitoring Form: April 2025

Hello

Thank you for completing this survey.

The purpose of this survey is to help the National Institute for Health and Care Research (NIHR) Applied Research Collaboration (ARC) Oxford and Thames Valley understand which researchers, people and communities are involved in our research and which are not. This will help us understand where we need to focus our efforts to be more inclusive.

We're contacting you as someone involved with our research. Being involved in research means you are helping to shape, do and/or tell people about our research. You might be a member of the public, a researcher/academic or professional/support staff linked to ARC Oxford and Thames Valley. You might be involved in a specific research project, working with one of our themes (www.arc-oxtv.nihr.ac.uk/our_work) and/or working within our governance structures (including as a member of our Strategy Board or as a PPI Champion).

Completing this survey is voluntary and **you do not have to answer all the questions**. We would, however, encourage you to complete all the questions as this will help us to understand where we need to focus to be more inclusive. The more responses we get the more we will be able to make use of what you tell us. All questions that require an answer have a 'prefer not to say' option - we have to make answering some questions a requirement to make sure you see all of the questions in the form.

This form is anonymous so we will not know who has responded. The survey should take about **10 - 15 minutes** to complete.

When you have completed the survey, please click 'Submit' to ensure your answers are submitted.

This data is requested to help us to understand where we need to focus to be more inclusive. Your data will be held securely by the University of Oxford and will only be used for the purposes described above in accordance with the GDPR. We will only use your data for this purpose and no other. By completing this form, you are giving us your consent to process and store your details on a secure University of Oxford managed system. Your data will be deleted from our system 3 years after the project is completed. The University of Oxford is the sole data controller. Further information about how the University may use your personal data for research purposes is available here: <https://compliance.admin.ox.ac.uk/research-data>. Queries regarding Data Protection can be directed here data.protection@admin.ox.ac.uk.

Any specific queries you have about this form please contact: arc_oxtv@phc.ox.ac.uk

To find out more about ARC Oxford and Thames Valley please visit our website www.arc-oxtv.nihr.ac.uk

All about you

This set of questions are designed to help us understand which communities we are reaching and where we need to do more work. We would appreciate it if you would answer all of the questions, however you can skip any that you would prefer not to answer by simply choosing the 'prefer not to say' option. We have had to make answering most questions a requirement before you can move on to ensure you get to see all the questions in the form.

1. Which age group are you in? *

- Under 18
- 18-24
- 25-34
- 35-44
- 45-54
- 55-64
- 65-74
- 75-84
- 85 or over
- Prefer not to say

2. Do you consider yourself to have a disability? *

- Yes
- No
- Prefer not to say

3. Do you have any physical or mental health conditions or illnesses lasting or expected to last for 12 months or more? *

- Yes
- No
- Prefer not to say

4. If you answered "yes" to question 2 and/or 3, is this related to:

- Learning disability
- Mental Health
- Neurodiversity (Such as ADHD, autism, dyspraxia, dyslexia etc)
- Physical health
- Prefer not to say
- Other

5. What is your ethnic group? Choose one option from the list below that best describes your ethnic group or background, you will then be redirected to a sub group to pick from (you can return to this question if needed). *

- Asian or British Asian
- Black, Black British, Caribbean or African
- Mixed or multiple ethnic groups
- White
- Prefer not to say
- Other

6. Please choose on option that best describes your ethnic group or background. *

- Bangladeshi
- Chinese
- Indian
- Pakistani
- Any other Asian background
- Prefer not to say

7. As you answered 'any other Asian background' please give details in the box below.

8. Please choose on option that best describes your ethnic group or background. *

- African
- Caribbean
- Any other Black, Black British or Caribbean background
- Prefer not to say

9. As you answered 'any other Black, Black British or Caribbean' please give details in the box below.

10. Please choose on option that best describes your ethnic group or background. *

- Asian and White
- Black African and White
- Black Caribbean and White
- Any other Mixed or multiple ethnic background
- Prefer not to say

11. As you answered 'any other Mixed or multiple ethnic background' please give details in the box below.

12. Please choose on option that best describes your ethnic group or background. *

- English, Welsh, Scottish, Northern Irish or British
- Irish
- Gypsy or Irish Traveller
- Roma
- Any other White background
- Prefer not to say

13. As you answered 'any other White background' please give details in the box below.

14. Please choose on option that best describes your ethnic group or background.

- Arab
- Any other ethnic group
- Prefer not to say

15. As you answered 'any other ethnic group' please give details in the box below.

16. What is your religion? *

- No religion
- Buddhist
- Christian
- Hindu
- Jewish
- Muslim
- Sikh
- Prefer not to say
- Other

17. What is your sex? By "sex", we are referring to the sex you were assigned at birth. A question about gender identity will follow *

- Female
- Male
- Intersex
- Prefer not to say

18. Which of the following best describes your gender? By gender, we are referring to how you identify. *

- Man
- Non-binary
- Woman
- Prefer to self describe
- Prefer not to say

19. As you answered 'prefer to self describe' please give details in the box below.

20. Do you identify as trans? *

- Yes
- No
- Prefer not to say

21. Which of the following best describes your sexual orientation? *

- Ace/Asexual
- Bi/bisexual
- Gay or Lesbian
- Pansexual
- Queer
- Straight/heterosexual
- I identify in another way
- Prefer not to say

22. As you answered 'I identify in another way' please give details in the box below.

23. What is the first part of your postcode? This will be 3 or 4 digits for example OX14, HP4, RG17

24. What is your level of education? *

- No formal qualifications
- GCSE/O Level/CSE
- A Level/Level 3 BTEC/NVQ
- Foundation level degree/Diploma/other Level 5
- Undergraduate degree/HND/Other Level 6
- Masters degree/Post graduate diploma/Other Level 7
- PhD
- Prefer not to say
- Other

25. What is your first language (including British Sign Language if applicable)?

26. Do you have any unpaid caring responsibilities (eg for a family member or friend)? *

- Yes
- No
- Prefer not to say

27. As you said you were a carer please select all that apply. If you share care responsibilities equally then please answer as the primary carer.

- Primary carer of a child or children (under 18 years)
- Primary carer of a child or children who is disabled, has a health condition, illness or temporary care needs (under 18 years)
- Primary carer or assistant for a disabled adult or adults (18 years and over)
- Primary carer or assistant for an older person or people (65 years and over)
- Secondary carer (another person carries out main caring duties)
- Prefer not to say

28. Are you *

- An academic/researcher linked with ARC OxTV?
- A professional and support staff linked with ARC OxTV?
- A member of the public?

Your involvement with research

The following questions are to help us understand how you are involved in research. When we talk about being involved it means being part of the decision making process about how research is done eg helping design a study, being a member of an advisory panel etc. We are not talking about participating in research which is when you might take part in a clinical trial for a new drug or fill out a survey about your experience at a clinic.

29. How did you first get involved with Patient and Public Involvement (PPI) in research? Please select all that apply *

- I was told about Patient and public involvement (PPI) when I was a participant in a research study
- My clinician invited me to be involved with PPI in a study
- I saw an advertisement in a newsletter or attended an event
- I signed up on a website
- I heard about PPI through someone I know
- I heard about PPI through a patient or carers group
- I can't remember
- Prefer not to say
- Other

30. How long have you been doing PPI? *

- 0-6 months (including if new to or not yet started PPI)
- 6 months-1 year
- 1-2 years
- 2-5 years
- 5-10 years
- Over 10 years
- Prefer not to say

31. As you answered 'over 10 years' please put the number of years you have been involved in the box below.

32. Are you currently involved in research? This might be involvement with single or multiple research project(s), in a research governance role(s) or a combination of these. *

- Yes
- No
- Prefer not to say

33. Is (any of) the research you are currently involved with linked to NIHR ARC Oxford and Thames Valley (ARC OxTV)? *

- Yes it is PPI linked to ARC OxTV
- No it isn't PPI linked to ARC OXTV
- I'm not sure
- Other

34. Do you have any particular areas of lived experience (either yourself or someone you are close to or have cared for)? Please select all that apply *

- Addiction
- Cancer
- Diabetes
- Developmental Disorders (such as cerebral palsy, epilepsy etc)
- Heart conditions (not including stroke)
- Homelessness/insecure accommodation
- Living with weight issues
- Men's health (conditions that are unique to men or that affect men differently such as testicular cancer, prostate cancer and heart conditions)
- Mental health - Dementia
- Mental health disorders (such as mood disorder, bipolar, schizophrenia etc)
- Muscle/bone/joint conditions
- Neurodiversity (such as ADHD, autism, dyspraxia, dyslexia etc)
- Nervous system conditions
- Respiratory conditions (such as asthma, COPD etc)
- Stroke
- Women's Health (conditions that are unique to women or that affect women differently such as maternity, cervical cancer and menopause)
- None
- Prefer not to say
- Other

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