



NUFFIELD DEPARTMENT OF  
**PRIMARY CARE**  
HEALTH SCIENCES

Radcliffe Observatory Quarter, Woodstock Road, Oxford. OX2 6GG  
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**Annual GP Tutors Conference, [St Hilda's College](#)**

**Tuesday 3 December 2024 9:15am-5:30pm, with a complimentary two course sit-down lunch**

Start Time	Topic	Speaker(s)
9:15am	Arrival and coffee	
9:45am	Introduction and welcome	Professor Sophie Park, Professor Sir Aziz Sheikh and Dr Laura Ingle
10:15am	Talk: ' <a href="#">Generalism for sustainable healthcare</a> '	Dr Kay Leedham-Green
11:00am	Coffee	
11:30am	<b>Workshops</b>	
	<a href="#">Implementing Empathy</a>	Dr Suzanne Stewart
	<a href="#">What does sustainable primary care mean?</a>	Dr Matthew Sawyer
	<a href="#">The importance of continuity in a fragmented world: an educator's perspective</a>	Dr Emma Ladds
	<a href="#">Training and Development for GP Tutors at Oxford University</a>	Dr Laura Ingle
12:45pm	Lunch	
2:15pm	<b>Workshops</b>	
	<a href="#">Implementing Empathy</a>	Dr Suzanne Stewart
	<a href="#">What does sustainable primary care mean?</a>	Dr Matthew Sawyer
	<a href="#">The importance of continuity in a fragmented world: an educator's perspective</a>	Dr Emma Ladds
	<a href="#">Training and Development for GP Tutors at Oxford University</a>	Dr Laura Ingle
3:30pm	Talk: ' <a href="#">The Commercial Determinants of Health</a> ' followed by ' <a href="#">How can we reduce the environmental impact of our food, and what implications are there for public health?</a> '	Dr Luke Allen (talk #1), Professor Peter Scarborough (talk #2)
4:15pm	Prizes and close	

**Talks**

**Generalism for sustainable healthcare (Dr Kay Leedham-Green)**

Kay Leedham-Green is senior educationalist and health services researcher at Imperial College London and co-editor of "Generalism in Clinical Practice and Education" with Prof Sophie Park. Kay will share insights from this book and her national research into clinically sustainable healthcare touching on

workforce and environmental challenges, affordability and accessibility. What is generalism and how can its principles and practices help address these challenges? How can we work together, with our students and trainees, to promote authentic generalism both within and beyond Primary Care?

#### **The Commercial Determinants of Health (Dr Luke Allen)**

Luke will present a brief overview of this topic and share examples of the means by which profit-making companies impact our health on a daily basis.

#### **How can we reduce the environmental impact of our food, and what implications are there for public health? (Professor Peter Scarborough)**

The food that we eat has a massive impact on the environment. Our global food system accounts for about one third of all greenhouse gas emissions, and if we're going to reduce this impact then we will have to change the type of food that we eat. Pete Scarborough will talk about how the food system impacts on the environment, and the implications for public health of eating a planet-friendly diet.

### **Workshops**

You will have the opportunity to attend two workshops. Please let us know your preferred choices using the registration form. Please note, we may not be able to allocate you to your first choices though.

#### **Implementing Empathy (Dr Suzanne Stewart)**

A workshop designed to support reflection on the power of empathy in the consultation. The workshop will be framed by current research on the impact of empathy in clinical practice. There will be opportunities for discussion and personal reflection on empathy. Tutors will be able to undertake some immersive activities aimed at highlighting the importance and impact of empathy, and consider if empathy can be taught.

#### **What does sustainable primary care mean? (Dr Matthew Sawyer)**

An interactive workshop designed to give you the tools and resources to help your practice support students and fellow staff deliver environmentally sustainable general practice. Learn how implementing these practical ideas can improve patient health and reduce demand, improve staff wellbeing and morale, and boost practice finances.

#### **The importance of continuity in a fragmented world: an educator's perspective (Dr Emma Ladds)**

In recent years, changes in the delivery of health services and workforce have resulted in ever-increasing levels of bureaucratization and fragmentation with an emphasis on transactional interactions. Such an approach drives failed efficiencies, reduced coherency of care and thus poorer health outcomes, and staff and patient dissatisfaction. Increased continuity of care can help mitigate these challenges.

Continuity can be conceptualized according to the different ontologies or 'essences' of what is being continued. These include interpersonal relationships between individuals, biomedical information regarding an illness episode or disease course, the distributed 'health' work being done around a patient, and the ethical or political ethos of a community or wider society.

In this interactive workshop, we discuss these issues and explore the value of continuity in medical education. Reflecting on our own practice and experiences and learning from others, we will consider how we can enable continuity in our teaching and thus help sustain ourselves as educators and how we can best model and teach students about the different forms of continuity.

#### **Training and Development for GP Tutors at Oxford University (Dr Laura Ingle)**

Come and explore training opportunities and pathways for development for tutors who are affiliated with Oxford University. We'll reflect together on the needs of a GP-educator across different stages of their career. And you'll have the opportunity to have your say as we explore creating a new entry-level course to support tutors in preparing for learning and teaching at Oxford (PLTO).