

Society for Academic Primary Care South West Regional Conference 2025

31st March - 1st April University of Oxford



## **SW SAPC Creative Projects**

The creative projects will be viewable in Seminar Rooms 2 & 3 for the duration of the conference.

## Dancing with Difficulty: critical enquiry through arts-based research

Dr Catherine Lamont-Robinson, Bristol Medical School

Bristol Medical School has a long history of providing curricular and SC opportunities for students to learn alongside more minoritized individuals and communities and later, to process their experiences and insights through the arts.

OutOfOurHeads - Bristol's medical arts website, hosts creative enquiry in categories generated on a wide range of themes. One of these with a more political angle is: 'Does it have to be this way?' <a href="https://outofourheads.net/perspectives-artwork/?stt">https://outofourheads.net/perspectives-artwork/?stt</a> perspectives=does-it-have-to-be-this-way

In parallel with the recent shift towards a more 'critical' Medical Humanities, we have noted increasing student orientation to explore troubling and complex societal issues within healthcare – a selection of these works will be exhibited.

Thanks to funding around Diversity and Inclusion from the Wellcome Trust, UKRI and Research England, we are now in a unique position to forge student collaborations with healthcare researchers and co-researchers. Cross-disciplinary, longitudinal projects and pilots which draw on participatory, creative methods will be showcased:

**Talking Trials** – an arts-based exploration of attitudes to clinical trials amongst minority ethnic co-researchers.

**Maternal Inequalities**: **Making Change Together** – engaging more minoritized mothers in online creative methodologies to address under-representation in health research.

**LINC -** Connecting LGBTQ+ communities and university researchers to address barriers and highlight good practice.

## Phones and Ladders (the challenges of GP appointment systems)

Professor Catherine Pope – University of Oxford



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Our recent NIHR funded study of access to general practice explored the challenges people encounter when trying to get an appointment with their GP.

Rather than ask you to listen to us talk about our findings we invite you to play a simple competitive board game (modelled on the popular children's game 'Snakes and Ladders') that uses our data to look at the difficulties encountered by people when they try to get an appointment with their GP.

'Phones and Ladders' reveals that access systems work for some patients but not all, and highlights unintended consequences, particularly for people with disabilities and/or social or personal characteristics that make navigating access systems challenging. (We also showcase positive things that practice staff do to mitigate barriers).

The game is played in groups of 3-6 and the room may get noisy as players explore their responses to the game and personal experiences of GP access systems.

The session facilitators will provide additional details about the research project and encourage players to consider inequality and inclusion, and interrogate the demand and organisational focus of many current GP access systems.

## Health Experience Insights Module: Recurrent Vulvovaginal Thrush

Tori Ford MPhil (Dist), BA (Hons)

This creative session will present an online resource that shares the experiences of 34 individuals living with recurrent vulvovaginal thrush. This resource features over 250 video, audio, and text clips from in-depth interviews, offering insights into diagnosis, treatment, psychological impacts, and social support. With 20 dedicated webpages, the resource provides an in-depth look at patient experiences through the voices of those affected. Further, the resource features creative images in the GIF format that were co-created with interviewees and a patient representative group. A member of the patient representative group will be available to discuss their experience in shaping this resource and the importance of patient involvement in healthcare research.

This project was completed as part of Tori's NIHR Doctoral Research Fellowship "Experiences and Challenges with Recurrent Vulvovaginal Thrush in Primary Care: A Qualitative Study".