

**SAPC**



## PROGRAMME

# Society for Academic Primary Care South West Regional Conference 2017

23–24 March 2017, University of Oxford



NUFFIELD DEPARTMENT OF  
**PRIMARY CARE**  
HEALTH SCIENCES

# **Society for Academic Primary Care**

## **South West Regional Conference 2017**

23–24 March 2017, University of Oxford

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### **Welcome**

We are delighted to welcome you to Oxford for the 2017 South West regional meeting of the Society for Academic Primary Care. We hope you will find the academic programme inspiring and also enjoy the social events we have on offer and the chance to network with colleagues from around the region.

We were thrilled to receive 95 abstract submissions this year, ranging across the full spectrum of topics relevant to primary care. It means we have a packed scientific programme and we look forward to all the oral, elevator pitch and poster presentations. We are particularly grateful to the many people who volunteered to peer review abstracts for us which made a difficult task much easier, and we extend our thanks to those who have agreed to chair sessions.

During the conference we will hear from three acclaimed keynote speakers. We are delighted to be joined by Helen Stokes-Lampard, Chair of the RCGP, who hails from academic primary care within our region. Peter Horby, Professor of Emerging Infectious Diseases and Global Health in Oxford will be asking how primary care research can contribute in preparing for epidemics; and our own Sue Ziebland will be reflecting on the contributions of qualitative social science for health research.

The conference venue this year is the well-equipped Medical Sciences Teaching Centre, where Oxford medical students undertake the pre-clinical components of their course. Our evening activities are a short walk away at New College, which, despite the name, was founded in 1379. New College has some of the most splendid architecture of Oxford colleges and pre-dinner drinks with jazz will be served in the ancient cloisters. Dinner will be a traditional Oxford college meal in the dining hall (the oldest of any at Oxford or Cambridge), followed by drinks and dancing in the cellar bar. If you have sufficient energy before this, you may want to join a guided run around the historic centre of Oxford, or a 'Hidden Oxford' guided walking tour where you can find out more about some of the famous buildings.

It has been my pleasure to chair the organising committee for this conference, and my thanks go to all my colleagues who have contributed in planning and organising the meeting. I am especially grateful to Sarah Morrish, who has worked tirelessly throughout to manage this event and bring everything together. On a personal note, I am expecting my first baby a fortnight before the conference, so I am unlikely to be able to join you in person. However, I am confident in leaving you in the hands of the rest of the team, and will be with you in spirit at what I hope proves to be a fantastic event.

Enjoy the conference!

Helen Ashdown  
Nuffield Department of Primary Care Health Sciences  
University of Oxford



## Organising Committee



**Conference Chair:**  
**Dr Helen Ashdown**  
Clinical Research Fellow  
Nuffield Department of Primary Care Health Sciences, University of Oxford



**Professor Chris Butler**  
Professor of Primary Care  
Nuffield Department of Primary Care Health Sciences, University of Oxford



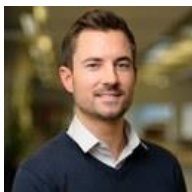
**Professor Susan Jebb**  
Professor of Diet and Population Health,  
Nuffield Department of Primary Care Health Sciences, University of Oxford



**Dr David McCartney**  
Academic Clinical Fellow  
Nuffield Department of Primary Care Health Sciences, University of Oxford



**Sarah Morrish**  
Personal Assistant to Professor Susan Jebb and Professor Paul Aveyard  
Nuffield Department of Primary Care Health Sciences, University of Oxford



**Dan Richards-Doran**  
Communications Manager  
Nuffield Department of Primary Care Health Sciences, University of Oxford



**Dr James Sheppard**  
MRC Research Fellow  
Nuffield Department of Primary Care Health Sciences, University of Oxford



# Information for delegates

## Venue

The conference takes place in the University of Oxford Medical Sciences Teaching Centre (MSTC). This is located off South Parks Road, OX1 3PL.

## Accommodation

Conference accommodation is in New College, Holywell Street, Oxford, OX1 3BN.

**Maps can be found at the end of this programme.**

### Check-in

You may check-in at the Porter's Lodge from **2pm** on your day of arrival. The Porters will issue you with a map and keys for your room.

You can check-in 24 hours a day. Although, if you are expecting to arrive after 11pm, please call the Porter's Lodge in advance.

### Check-out

Please vacate your room and hand in keys to the Porter's Lodge by 10am on your day of departure. There is the opportunity to store luggage (see Luggage Storage).

### The Porter's Lodge

The Lodge is located by the main gate to the College on Holywell Street, and is adjacent to the New Buildings. It is the first port of call for any questions or problems, and the Porters are available 24 hours a day.

### Emergency contacts

You can telephone the Lodge on 79555 (internal phone) or 01865 279555 (mobiles and external).

### Room facilities

All guests are provided with towels in their room, a welcome toiletry pack, and basic tea and coffee making facilities.

Our rooms are used for our students during term-time, and so all feature a desk and a wardrobe. Please note that hairdryers are not provided and access to a refrigerator is not guaranteed.

### Breakfast

For our residential guests, breakfast is served in the Hall between 8am and 9am. A full English and continental breakfast is served, with a selection of juices and hot drinks.

### Laundry facilities

Laundry facilities (washing machines, dryers, irons) are available within the College, and can be located in 2 New Buildings and the Sacher Building.

Irons and ironing boards are available free of charge, but the washers and dryers requires the use of a pre-paid card. You can buy these at the Home Bursar's office (4 OB) for around £7, which will entitle you to two washes and two dries.

### Telephones

All rooms are provided with a telephone, which offers free internal calling and can accept calls from outside the College.

### Internet and wireless

In order to access the College network, you need to connect to 'NC-Conference' wifi. Your password is '**Easter2017**'. The Porters will also give you this information when you check in.

If you are having difficulties connecting to the network, there may be incorrect settings on your computer. Please visit the IT Office (12 Old Buildings), who will be more than happy to assist you. They are open Monday to Friday, from 8am to 4pm.

### Email access

If you use an email client that uses an SMTP server, this will not work within the Oxford network. During your stay, you should change your SMTP server to 'smtp.ox.ac.uk', or make use of your organisation or hosting provider's web-based services.

### Access to New College Lane

The Gate to New College Lane is open between 11am and 5pm. Outside of these hours, you will have to walk around to the main entrance on Holywell Street. If you have been provided with delegate badges, please wear these to assist the Porter on duty.

### Night access

The main gate on Holywell Street is open between 6am and 11pm. Outside of these hours, you should press the red doorbell button on the keypad outside, so that the Porter can let you in.

**Fire procedures**

Please take the time to familiarise yourself with the fire procedures, a copy of which is printed on the back of all bedroom doors and in all seminar and meeting rooms. In the event of a fire, you will hear a continuous alarm and should leave the building immediately.

**Luggage storage**

Secure luggage storage is available for delegates staying beyond their room check-out time. Please ask at the Porter's Lodge. All items are left at your own risk, and it is advised that expensive or important items are kept with you throughout the day.

**Vending machines**

Hot drinks, chocolate and soft drinks are available from vending machines in the Junior Common Room, which is open to guests 24 hours a day.

**Safety around the College**

Owing to the age of the grounds and buildings, many surfaces are uneven. Please take extra care when walking around the College. It is always worth wearing a sensible pair of shoes. In particular, please take care and use the handrail when taking the staircases to the Hall, which can be particularly slippery when wet and are somewhat uneven.

**Smoking**

Smoking is not permitted within the College's buildings or grounds. Delegates wishing to smoke are advised to make their way to Holywell Street or New College Lane.

**Cash machines**

The nearest cash machines are found on Turl Street, just off Broad Street by Blackwell's Art Shop.

**Car parking**

Parking within the College is extremely limited, and is not available without prior arrangement from your conference organiser. If you have mobility issues, however, we will endeavour to find you an appropriate space within the main site. If you are expecting to travel by car, it is advised to make use of the Park and Ride facilities: 'Peartree' for those travelling from the North, and 'Thornhill' for those travelling from the South. The connecting journey takes fifteen minutes, which includes a five minute walk from the bus stop to the College.

On-street parking is available close to the College on Mansfield Road and Longwall Street, but is limited to a maximum of two hours at £3. Traffic wardens in the City Centre are extremely strict.

**Taxis**

Taxis within the City typically run on a metered service. Our recommended taxi firm is Radio Taxis who can be contacted on 01865 242424.

## Pre-conference programme – Day One: Thursday 23 March

### MEDICAL SCIENCES TEACHING CENTRE

#### Free pre-conference seminar

Health Technology for Tomorrow – Asthma/COPD management in primary care: Cambridge Respiratory Innovations N-Tidal personal respiratory monitor  
Medical Sciences Teaching Centre – *Room 3a & 3b*

10.30–11.00



**Refreshments**

11.00–12.00

#### **Seminar**

The NIHR Diagnostic Evidence Co-operative Oxford is delighted to present a pre-conference seminar to showcase and discuss a new healthcare technology innovation. The seminar will provide a platform for our visitor from the health technology industry to present their device to SW-SAPC delegates, a multidisciplinary group of healthcare researchers and members of the wider University community (conference registration is not required to attend this seminar). This seminar is part of our MRC-funded Health Technology for Tomorrow seminar series. The seminar series is aimed at clinicians, academics, healthcare and diagnostic industry professionals. The meeting will take the format of technology presentation followed by discussions amongst a panel of technology-appropriate specialists before wider discussions with all participants.

**Pre-registration required**

#### PHoCus Group Meeting (Primary healthcare scientists)

A guide to using Twitter

Medical Sciences Teaching Centre – *Room LGa*

12.00

Conference registration and lunch. Bring your lunch into PHoCus.

12.15–13.00

Helen Atherton, University of Warwick  
Emily Fletcher, University of Exeter Medical School  
Dan Richards-Doran, University of Oxford

We will give a brief update on PHoCuS activities before handing over to our guest speaker – Dan Richards-Doran – for an introduction to using Twitter for broadcasting our research, engaging with others' networks and general tips and advice!

## Programme – Day One: Thursday 23 March

### MEDICAL SCIENCES TEACHING CENTRE

12.00–13.00



Lunch/registration

13.00–13.10

Welcome and introduction

*Lecture Theatre*

Chair: Richard Hobbs, University of Oxford

13.10–13.45

*Lecture Theatre*

### Plenary 1

**The workforce and workload crisis: How academic primary care could have greater impact**

Professor Helen Stokes-Lampard, Chair, Royal College of General Practitioners; Academic Head of Community Based Medicine, University of Birmingham

Chair: Richard Hobbs, University of Oxford

13.50 – 14:50

### Parallel 1

#### ELEVATOR PITCH

Chair: Mike Moore, University of Southampton

*Lecture Theatre*

**0046 – “A different kind of breath”:** Re-perceiving breathlessness after mindfulness training-reflections on the multi-dimensional model for dyspnea and the implications for primary care clinicians' management of respiratory patients.

Alice Malpass, University of Bristol

**0016 – Attitudes and behaviours of frontline NHS staff to online feedback from patients: survey of health professionals to understand practice.** Joanna Fleming, University of Warwick

#### ORAL: DERMATOLOGY

Chair: Nick Francis, Cardiff University

*LGa*

**0072 – Views of oral antibiotics and advice seeking about acne: a qualitative study of online discussion forums.**

Miriam Santer, University of Southampton

**0033 – GP's Experience of diagnosing and managing eczema in children: qualitative study.**

Emma Le Roux, University of Bristol

#### ORAL: CVD1

Chair: Chris Clarke, University of Exeter Medical School

*3a/b*

**0093 – An automated software system to promote anticoagulation and reduce stroke risk: cluster randomised controlled trial.**

Tim Holt, University of Oxford

**0022 – The treatment of paroxysmal atrial fibrillation: cross-sectional analysis of UK primary care data.**

Andrea Isaew, University of Birmingham

#### ORAL: ORGANISATION OF CARE

Chair: John Campbell, University of Exeter Medical School

*UGa*

**0047 – It's good to talk: how primary care researchers can make an impact on commissioners' decision-making and what commissioners can teach primary care researchers.**

Lesley Wye, University of Bristol

**0052 – Co-production as a cornerstone principle of Prudent Healthcare: public understanding and views.**

Daniella Holland-Hart, Cardiff University

## ELEVATOR PITCH

**0035 – The Lung Symptom Awareness and Health (LUSH) study.**  
Grace McCutchan, Cardiff University

**0066 – Type 2 diabetes and air travel: the effect on platelet and endothelial function, and on clotting indices – increased risk to develop venous thromboembolism?**  
Judit Konya, University of Hull

**0045 – Feasibility study for a community based intervention for adults with severe CFS/ME.**  
Clare McDermott, University of Southampton

**0011 – Probiotics to reduce antibiotics: establishing the optimal probiotic agent, dose and duration.**  
Esther van der Werf, University of Bristol

**0018 – Depressive symptoms in people with sight loss: What primary care urgently needs to know.**  
Claire Nollett, Cardiff University

**0020 – Within and between-person variability in temperature measured at home by healthy adults.**  
Susannah Fleming, University of Oxford

**0076 – Home monitoring of temperature during chemotherapy: results of a pilot study.**  
Scott Frazer, Somerville College, University of Oxford  
Cont'd

## ORAL: DERMATOLOGY

**0043 – ‘We always have it on the fridge so we know what to do’: designing a written action plan for self-management of eczema in primary care, a qualitative study.**  
Kingsley Powell, University of Bristol

**0034 – Views and experiences of seeking information and help for vitiligo: a qualitative study of written accounts.**  
Emma Teasdale, University of Southampton

## ORAL: CVD1

**0012 – What really happens when GPs measure blood pressure? A prospective “mystery shopper” study.**  
Sarah Stevens, University of Oxford

**0060 – The Usual Suspects: prevalence and predictors of treatment for uncomplicated mild hypertension.**  
James Sheppard, University of Oxford

## ORAL: ORGANISATION OF CARE

**0056 – The role of missing stage and chance in performance indicators for cancer stage at diagnosis: Cross-sectional analysis of population-based data for general practices, local authorities and care commissioning organisations in England.**  
Gary Abel, University of Exeter Medical School

**0094 – Inadequate Quality of Primary Health Care contributes to many child deaths in Uganda and Mali.**  
Merlin Willcox, University of Southampton, University of Oxford



Day One, Parallel 1  
13.50 – 14.50 (cont'd)

### ELEVATOR PITCH

**0006 – Effects of changing practitioner empathy and patient expectations in healthcare consultations.**

Jeremy Howick, University of Oxford

14.50 – 15.30  
Foyer UGC



### Refreshments and poster viewing

Poster session chairs: David McCartney and James Sheppard, University of Oxford

15.30–16.10  
Lecture Theatre

## Plenary 2

### Preparing for epidemic infectious diseases: the contribution of primary health care research

Professor Peter Horby, Professor of Emerging Infectious Diseases and Global Health, Nuffield Department of Medicine, University of Oxford

Chair: Chris Butler, University of Oxford

16.15 – 17.15

## Parallel 2

### ORAL: INFECTION

Chair: Alastair Hay, University of Bristol  
*Lecture Theatre*

**0030 – Public attitudes toward participating in primary care research during an infectious disease pandemic: a qualitative study across four European countries.**

Nina Gobat, Cardiff University

**0055 – Descriptive study of C-reactive protein (CRP) use as a marker of infection in primary care.**  
Jose M Ordonez-Mena, University of Oxford

### ORAL: RESEARCH METHODS

Chair: Kerry Hood, Cardiff University  
*UGC*

**0042 – Quantifying clustering by GP practice in individually randomised trials in primary care.**

Beth Stuart, University of Southampton

**0019 – Quantitative Testing of the PCOQ: a new instrument for measuring outcome in primary care.**  
Mairead Murphy, University of Bristol

### ORAL: CANCER/DIAGNOSIS

Chair: Brian Nicholson, University of Oxford  
*LGA*

**0053 – Trends in cancer antigen 125 testing in primary care in Oxfordshire 2003–2014.**

Mei-Man Lee, University of Oxford

**0041 – Development of a simulation based training program for pilot implementation of community based robotic colonoscopy.**  
Stephanie Smits, Cardiff University

### ORAL: DIABETES

Chair: Tim Holt, University of Oxford  
*3a/b*

**0086 – The Impact of Albuminuria on Cardiovascular Mortality in Patients with Type 2 Diabetes: A Systematic Review.**

Benjamin Feakins, University of Oxford

**0013 – Integrating point-of-care HbA1c testing into diabetes care: a feasibility study in UK primary care.**  
Jennifer Hirst, University of Oxford

#### ORAL: INFECTION

**0048 – Application of new sepsis guidelines on a cohort of adult medical patients referred for acute ambulatory care.**

Christian Camm, Oxford University Hospitals NHS Foundation Trust, University of Oxford

**0078 – The effect of point of care lactate testing on mortality in patients presenting with acute infection in ambulatory settings: a systematic review.**

Elizabeth Morris, University of Oxford

#### ORAL: RESEARCH METHODS

**0017 – Recruitment to the ACTIB trial (Assessing Cognitive behavioural Therapy in Irritable Bowel).**

Hazel Everitt, University of Southampton

**0054 – ‘Yeah’ versus ‘Oh yeah’ – Using conversation analysis to examine patient response to very brief opportunistic behaviour change interventions.**

Charlotte Albury, University of Oxford

#### ORAL: CANCER/DIAGNOSIS

**0090 – Predictors of practice level-variation in use of urgent referrals for suspected cancer and endoscopies in English primary care.**

Gary Abel, University of Exeter Medical School

**0029 – Development and pilot evaluation of the Tenovus health check: a targeted cancer awareness intervention for people from deprived communities.**

Pamela Smith, Cardiff University

#### ORAL: DIABETES

**0077 – A lifestyle management programme for osteoarthritis patients who are obese; views and experiences from patients and professionals in North Wales.**

Rebecca-Jane Law, Bangor University

### Evening activities

*New College*

17.40



**Meet at New College Porters' Lodge for either the conference run or the Hidden Oxford Tour – see page 17 for more details**

17.45 – 18.45



**Hidden Oxford Tour**

19.00 – 01:00



**Conference Dinner, New College**

Pre-dinner drinks with jazz (Cloisters)

Dinner (Dining Hall)

Disco (finishes at midnight), the bar will remain open until 1am

## Programme – Day Two: Friday 24 March

### MEDICAL SCIENCES TEACHING CENTRE

08.50  
*Lecture Theatre*

**Welcome**  
Chair: James Sheppard, University of Oxford

08.55 – 09.25  
*Lecture Theatre*

### Plenary 3 Prize-winning abstracts



**0032 – An illness-focussed interactive booklet to optimise management and medication for childhood fever and infections in out-of-hours primary care: a cluster randomised trial.**

Eefje de Bont, Maastricht University, The Netherlands



**0003 – Evaluating the potential of webGP in primary care: Findings of a pilot study from six general practices in Devon.**

John Campbell, University of Exeter

Chair: James Sheppard, University of Oxford

09.30 – 10.30

### Parallel 3

#### ELEVATOR PITCH

Chair: Fiona Wood, Cardiff University  
*UGc*

**0051 – Designing training in self-management support: Lessons from using a realist synthesis.**

Freya Davies, Cardiff University

**0073 – Patients' Satisfaction With Quality Of Care: A Comparison Of National Health Insurance Scheme (Nhis) And Non-Nhis Patients At The Obafemi Awolowo University Teaching Hospital, Ile-Ife.**

Ibrahim Bello, Teaching Hospitals Complex, Ile-ife, Nigeria

#### ORAL: INFECTION 2/ENT

Chair: Paul Little, University of Southampton  
*Lecture Theatre*

**0082 – Can you use a party balloon instead of an autoinflation balloon to treat glue ear?**

Katherine Marshall, University of Oxford

**0089 – GPs views on antibiotic prescribing in older adults.**

Sara McKelvie, NIHR CLAHRC Oxford, Oxford Health NHS Foundation Trust

#### ORAL: WORKFORCE

Chair: Paul Aveyard, University of Oxford  
*LGa*

**0038 – Academic GPs and the future primary care workforce – a call to arms.**

Rachel Brettell, University of Oxford

**0007 – Quitting patient care and career break intentions among general practitioners in South West England: findings of a census survey of GPs.**

John Campbell, University of Exeter Medical School

#### ORAL: CVD2

Chair: Katherine Tucker, University of Oxford  
*3a/b*

**0040 – Reduced salt intake for heart failure: a Cochrane systematic review.**

Kamal Mahtani, University of Oxford

**0067 – A THIN database investigation into cardiovascular risk scoring and the prescribing of statins in UK General Practice.**

Samuel Finnikin, University of Birmingham

## ELEVATOR PITCH

**0064 – Reducing delays to signing Clinical Research Contracts – Lessons Learnt from Prepare (Platform for European Preparedness Against (Re-emerging Epidemics)).**

Hayley Prout, Cardiff University

**0068 – Discordant baseline CKD staging using creatinine and cystatin-C in participants enrolled in FORM-2C, an observational study of primary care patients with reduced eGFR.**

Susannah Fleming, University of Oxford

**0071 – Improving NHS Quality Using Internet Ratings and Experiences (INQUIRE): Survey of the general public to understand use of online feedback on health services.**

Michelle van Velthoven, University of Oxford

**0005 – The personal is political: influences on GP coping and resilience.**

George Lewith, University of Westminster

**0021 – Exploring the clinically orientated roles of the General Practice receptionist: A systematic review.**

Michael Burrows, University of Birmingham

Cont'd

## ORAL: INFECTION 2/ENT

**0080 – Exploring the use of practice-level interventions to reduce unnecessary antibiotic prescribing in general practice: a mixed-methods evaluation of a randomised-controlled trial.**

Sarah Tonkin-Crine, University of Oxford

**0084 – Assessing the Economic Impact of Oral Dexamethasone for Symptom Relief of Sore Throat: The TOAST Study.**

Richeal Burns, University of Oxford, Oxford

## ORAL: WORK FORCE

**0057 – What is taught in UK medical schools on domestic violence and abuse?**

Lucy Potter, University of Bristol

**0026 – A systematic review and meta-analysis of controlled interventions to reduce burnout in physicians.**

Maria Panagioti, University of Manchester

## ORAL: CVD2

**0065 – How does blood pressure measured in community pharmacies compare to readings by GPs, at home or over 24 hours? A systematic review and meta-analysis.**

Ali Albasri, University of Oxford

**0083 – How accurate are home blood pressure monitors used by patients?**

Peter Bradburn, University of Birmingham

Day Two, Parallel 3  
09:30 – 10.30 (cont'd)

### ELEVATOR PITCH

**0062 – Investigating the impact of a short-course MBSR-based mindfulness intervention on patients with difficult-to-manage asthma.**

Ben Ainsworth, University of Southampton

**0069 – Who uses webGP, email, skype or telephone consultations in general practice?**

Heather Brant, University of Bristol

10.30 – 11.00  
Foyer UGc



### Refreshments/poster viewing

Chair: David McCartney and James Sheppard, University of Oxford

11.00 – 12.00

## Parallel 4

### ORAL: ELDERLY CARE

Chair: Sam Creavin, University of Bristol  
*LGa*

**0059 – Polypharmacy patterns in the last year of life in patients with dementia.**

Rupert Payne, University of Bristol

**0050 – Clinician opinion, practice policy and patient experience – three pictures of usual care at the start of a trial to improve management of patients with multi-morbidity in general practice.**

Cindy Mann, University of Bristol

**0075 – What is the diagnostic value of symptoms and signs at presentation in the ambulatory care setting to identify serious bacterial infections in the elderly? A systematic review.**

Oghenekome Gbinigie, University of Oxford

### ORAL: WOMEN'S HEALTH

Chair: Hazel Everitt, University of Southampton  
*3a/b*

**0025 – Acupuncture for chronic pain: update of an individual patient data meta-analysis.**

George Lewith, University of Southampton, Southampton

**0058 – The SNAP-HT Trial: self-management of antihypertensive medication postpartum – can women do it better?**

Kath Tucker, University of Oxford

**0092 – Immediate vs delayed insertion of intrauterine contraception after second trimester abortion: a Randomized Controlled Trial.**

Wendy V. Norman, University of British Columbia, Canada

### ORAL: GP CONSULTATION

Chair: Jeremy Dale, University of Warwick  
*Lecture Theatre*

**0070 – Conducting a team-based multi-sited focused ethnography in primary care: the Alt-con study.**

Helen Atherton, University of Warwick

**0010 – Online GP consultations: Quantitative Evaluation of 36 Bristol practices.**

Kate Northstone, NIHR CLAHRC West, University of Bristol

**0061 – The use of electronic consultation in primary care: views and experiences from general practice.**

Jon Banks, NIHR CLAHRC West, University of Bristol



#### ORAL: ELDERLY CARE

**0039 – Death and Out of Hours Primary Care – for whom does the bell toll? A descriptive study of deaths following contact with an OOH primary care provider.**

Rachel Brettell, University of Oxford

#### ORAL: WOMEN'S HEALTH

**0008 – Using PPI to identify service and research priorities for communities affected by FGM and their health professionals.**

Sharon Dixon, University of Oxford

#### ORAL: GP CONSULTATION

**0096 – Shared-decision making in real clinical practice.**

Denitza Williams, Cardiff University

12.10 – 12.45  
*Lecture Theatre*

### Plenary 4

**What has qualitative social science ever done for health research? A sociologist reflects...**

Professor Sue Ziebland, Professor of Medical Sociology, Nuffield Department of Primary Care Health Sciences, University of Oxford.

Chair: David McCartney, University of Oxford

12.45 – 12.55  
*Lecture Theatre*



**Prizes and closing remarks**

Chair: Susan Jebb, University of Oxford

12.55 – 13.00  
*Lecture Theatre*

**SW SAPC 2018 – Plymouth**

13.00  
*Foyer UGc*

**Collect packed lunch and depart**

## Posters

Poster viewing sessions:

Day one: 14.50 – 15.30      Day two: 10.30 – 11.00

Prizes will be announced at the end of day two.

**0004 – Andrographis Paniculata for symptomatic relief of respiratory tract infections in adults and children: a systematic review and meta-analysis.**

Xiao-Yang Hu<sup>1</sup>, Ruo-Han Wu<sup>2</sup>, Martin Logue<sup>1</sup>, Clara Blondel<sup>3</sup>, Lily Yuen Wan Lai<sup>1</sup>, Beth Stuart<sup>1</sup>, Andrew Flower<sup>1</sup>, Yu-Tong Fei<sup>2</sup>, Michael Moore<sup>1</sup>, Jian-Ping Liu<sup>2</sup>, George Lewith<sup>1</sup>. <sup>1</sup>University of Southampton, Southampton, UK, <sup>2</sup>Beijing University of Chinese Medicine, Beijing, China, <sup>3</sup>AgroParisTech, Paris, France

**0009 – Deciding for others – informed consent and proxy decision making for research involving adults lacking capacity.**

Victoria Shepherd, Fiona Wood, Kerenza Hood. Cardiff University, Cardiff, UK

**0015 – Deaths in Care Homes– A descriptive analysis.**

Stephanie Tyson-Smith<sup>1</sup>, Patricia Apenteng<sup>1</sup>, David Fitzmaurice<sup>2</sup>. <sup>1</sup>University of Birmingham, Birmingham, West Midlands, UK, <sup>2</sup>University of Warwick, Coventry, West Midlands, UK

**0023 – Lower levels of circulating endothelial progenitor cells are associated with increased recurrence after unprovoked venous thrombosis.**

Charlotte Bradbury<sup>2</sup>, Tracey Buckley<sup>2</sup>, Gail Heritage<sup>1</sup>, Kate Fletcher<sup>1</sup>, Peter Rose<sup>2</sup>, David Fitzmaurice<sup>1</sup>. <sup>1</sup>University of Birmingham, Birmingham, UK, <sup>2</sup>University of Warwick, Warwick, UK

**0024 – Impact of Override Rates on Time in Therapeutic Range for Warfarin Dosing: CDSS v's Clinician.**

Helen Shackelford<sup>1</sup>, Deborah McCahon<sup>1</sup>, David Fitzmaurice<sup>2</sup>. <sup>1</sup>University of Birmingham, Birmingham, UK, <sup>2</sup>University of Warwick, Warwick, UK

**0027 – Primary care management following percutaneous coronary intervention for myocardial infarction: a clinical review.**

Fatima Dalal<sup>1</sup>, Christos Voukalis<sup>2</sup>, Manish Gandhi<sup>3</sup>, Hasnain Dalal<sup>4</sup>. <sup>1</sup>Queen Elizabeth Hospital, University Hospitals Birmingham NHS Foundation Trust, Birmingham, UK, <sup>2</sup>Sandwell and West Birmingham NHS Trust, Institute of Cardiovascular Sciences, University of Birmingham, Birmingham, UK, <sup>3</sup>Royal Devon and Exeter NHS Foundation Trust, Devon and Exeter, UK, <sup>4</sup>University of Exeter Medical School (Primary Care), Truro Campus, Truro, UK

**0028 – Potential of a Smartphone ‘app’ to help cancer patients’ communication with their clinicians.**

Becky Richards<sup>1</sup>, Fiona Wood<sup>1</sup>, Paul Kinnersley<sup>2</sup>, Kate Brain<sup>1</sup>, John Staffurth<sup>3</sup>. <sup>1</sup>Division Population Medicine, Cardiff University, Cardiff, UK, <sup>2</sup>Medical Education, Cardiff University, Cardiff, UK, <sup>3</sup>Section of Oncology and Palliative Care Medicine, Cardiff University, Cardiff, UK

**0031 – Glycaemic and insulin resistance response to soy protein or soy protein and isoflavones in combination in patients with type 2 diabetes.**

Judit Konya<sup>1,2</sup>, SL Atkin<sup>4</sup>, ES Kilpatrick<sup>3</sup>, T Sathyapalan<sup>2</sup>. <sup>1</sup>University of Exeter, Exeter, UK, <sup>2</sup>University of Hull, Hull, UK, <sup>3</sup>Sidra Research Centre, Doha, Qatar, <sup>4</sup>Weill Cornell Medicine, Doha, Qatar

**0044 – ‘WICKED’ (Wales Interventions and Cancer Knowledge about Early Diagnosis): The development and evaluation of primary care interventions to expedite the diagnosis of symptomatic cancer in Wales.**

Rebecca-Jane Law<sup>1</sup>, Maggie Hendry<sup>1</sup>, Marian Andrei Stanciu<sup>1</sup>, Sadia Nafees<sup>1</sup>, Seow Tien Yeo<sup>1</sup>, Julia Hiscock<sup>1</sup>, Ruth Lewis<sup>1</sup>, Clare Wilkinson<sup>1</sup>, Richard Neal<sup>2</sup>. <sup>1</sup>Bangor University, Wales, UK, <sup>2</sup>University of Leeds, England, UK

**0049 – Helping health professionals to support self-management among people with progressive neurological conditions: A realist synthesis.**

Freya Davies, Fiona Wood, Alison Bullock, Adrian Edwards. Cardiff University, Cardiff, UK

**0074 – Prevalence and causes of Stress amongst Undergraduate in a Nigerian University: Implication For Counselling.**

Waheed Ismail, Joseph Elujoba, Akinjide Ogundokun, Samuel Olowookere, Ibrahim Bello. Obafemi Awolowo University Teaching Hospitals complex, Ile-ife, Nigeria

**0081 – Suspecting Cancers in Primary Care: Implementing NICE Guidelines into Electronic Practice Systems.**

Lamyah Esmailji, Sam Creavin. *University of Bristol, Bristol, UK*

**0095 – The association between BMI in young adulthood and the risk of hypertension: a systematic review**

David McCartney<sup>1</sup>, Nicholas Townsend<sup>2</sup>, Nia Roberts<sup>1</sup>, Richard McManus<sup>1</sup>. <sup>1</sup>*Nuffield Department of Primary Health Care Sciences, University of Oxford, Oxford, UK*, <sup>2</sup>*Nuffield Department of Population Health, University of Oxford, Oxford, UK*

**0091 – Could mifepristone address the urban-rural abortion access disparity in Canada? The CART-Mife study protocol.**

Wendy V. Norman<sup>1</sup>, Tamil Kendall<sup>2</sup>, Rollin Brant<sup>1</sup>, Melissa Brooks<sup>3</sup>, Stirling Bryan<sup>1</sup>, Dustin Costescu<sup>4</sup>, Sheila Dunn<sup>5</sup>, Edith Guilbert<sup>6</sup>, Angel Foster<sup>7</sup>, Janusz Kaczorowski<sup>8</sup>, Sarah Munro<sup>1</sup>, Regina Renner<sup>1</sup>, Judith A. Soon<sup>1</sup>, Flora F. Teng<sup>1</sup>, Ashley Waddington<sup>9</sup>, Marie-Soleil Wagner<sup>8</sup>. <sup>1</sup>*University of British Columbia, Vancouver, BC, Canada*, <sup>2</sup>*Ministry of Health, Government of British Columbia, Victoria, BC, Canada*, <sup>3</sup>*Dalhousie University, Halifax, NS, Canada*, <sup>4</sup>*McMaster University, Hamilton, ON, Canada*, <sup>5</sup>*University of Toronto, Toronto, ON, Canada*, <sup>6</sup>*National Institute of Public Health of Quebec, Quebec, QC, Canada*, <sup>7</sup>*University of Ottawa, Ottawa, ON, Canada*, <sup>8</sup>*University of Montreal, Montreal, ON, Canada*, <sup>9</sup>*Queen's University, Kingston, ON, Canada*

**0087 – Antibiotic Negotiations: Conversation Analytic Pilot (ANCAP).**

Catherine Woods<sup>1</sup>, Rebecca Barnes<sup>2</sup>, Fiona Stevenson<sup>3</sup>, Micheal Moore<sup>1</sup>, Geraldine Leydon<sup>1</sup>. <sup>1</sup>*The University of Southampton, Southampton, UK*, <sup>2</sup>*The University of Bristol, Bristol, UK*, <sup>3</sup>*University College, London, UK*

**0085 – Reducing primary care visits using real time paediatric respiratory tract infection surveillance data: An online experimental study.**

Annegret Schneider<sup>1,2</sup>, Christie Cabral<sup>3</sup>, Joanna May Kesten<sup>2,3</sup>, Emma Anderson<sup>2,3</sup>, Alastair Hay<sup>2,3</sup>, Isabel Lane<sup>3</sup>, Natalie Herd<sup>1</sup>, Susan Michie<sup>1,2</sup>. <sup>1</sup>*University College London, London, UK*, <sup>2</sup>*NIHR Health Protection Research Unit in Evaluation of Interventions, Bristol, UK*, <sup>3</sup>*University of Bristol, Bristol, UK*

**0063 – Systematic review and qualitative synthesis of people's experiences of acne vulgaris and its related treatments.**

Athena Ip, Ingrid Muller, Miriam Santer, Adam Geraghty, Paul Little  
*University of Southampton, Southampton, UK*

**0097 – The PRINCESS study: Probiotics to Reduce Infections in CarE home residents.**

Jane Davies, Nick Francis, Rachel Breen, Eleri Owen-Jones, Mandy Lau, David Gillespie, Alison Edwards Chris C. Butler, and the PRINCESS study Team

## Social activities



### Hidden Oxford

Meet Felicity Tholstrup at the New College Porter's Lodge at 5.45pm.

On the Hidden Oxford tour your personal guide, Felicity Tholstrup, who will show you Oxford's famous buildings and let you in on the city's secrets.

Felicity will take you on a tour starting at beautiful New College, walking you to the impressive Radcliffe Square or 'piazza literaria' which is where John Radcliffe chose for his library so it lay at the heart of the University.

Here you will find out about some of Oxford's most historic buildings including the University Church of St Mary the Virgin, the University teaching schools, the University library (the Bodleian), the University's ceremonial space (the Sheldonian Theatre) and the University Printing House as well as some of Oxford's oldest colleges.

From there you will head to Turl Street and then back to New College in time for pre-dinner drinks and the banquet dinner.

**How to take part:** If you have not pre-registered but would still like to take part, please enquire at the conference registration desk as spaces are limited.



### South West SAPC Run

Meet Oliver van Hecke at the New College Porter's Lodge at 5.40pm.

**How to take part:** Please sign-up at the conference registration desk.



### Conference Dinner

The conference dinner (either booked as part of your full conference package, or separately if you are only attending on a daily rate) will take place in New College from 7pm.

Pre-dinner drinks: Cloisters (depending on weather)  
Dinner from 8pm: New College Dining Hall  
Following dinner there will be a disco (music finishing at midnight) with a cash bar open until 1am.

## Keynote speakers



### Professor Helen Stokes-Lampard

Chair, Royal College of General Practitioners  
Academic Head of Community-Based Medicine, University of Birmingham

#### **"The workforce and workload crisis: How academic primary care could have greater impact"**

Helen Stokes-Lampard is Chair of the Royal College of General Practitioners (RCGP), the UK's largest medical Royal College, representing over 52,000 family doctors across the UK. The Chair shapes policy and leads the strategy of the College, working with politicians, policy makers and the media to ensure that the 'voice' of general practice and GPs is understood and represented. Helen was previously RCGP Honorary Treasurer (2012-16), the first female to hold this position. As Honorary Treasurer she had responsibility for all matters related to the College finances and assets including premises, IT and human resources.

She is a part-time GP partner at The Cloisters Medical Practice in Lichfield, Staffordshire, a friendly, dynamic group practice which she joined in 2002, having just completed her academic GP training in inner city Birmingham and at the Medical School in Birmingham University. Prior to training as a GP, Helen worked in Obstetrics and Gynaecology for several years and this experience shaped her clinical and academic aspirations. She was a personal mentor for doctors in difficulty in the Midlands until 2016, a scheme supported by the West Midlands Deanery and RCGP Midland Faculty.

Helen was the Head of Primary Care Teaching (undergraduate) in the Medical School of the University of Birmingham until becoming RCGP Chair.

Her diverse research interests have spanned gynaecological cancer screening, all aspects of women's health, epidemiology and data linkage studies. The subject of her PhD was 'Variation in NHS Utilisation of Vault Cytology Tests in Women post-hysterectomy'. She was Clinical Director of the accredited Primary Care Trials Unit at Birmingham until July 2012 when she resigned to allow her time to concentrate on her RCGP roles. She was also Head of the dynamic Academic GP Trainees programme at Birmingham (including MOD, NIHR and locally funded academic GP trainees). She ran an MSc module in Community Gynaecology and taught communication skills and ethics.

She is naturally enthusiastic and dynamic with a sense of humour and plenty of pragmatism.

You can find Helen on Twitter: @HelenStokesLam



### Professor Peter Horby

Professor of Emerging Infectious Diseases and Global Health, Nuffield Department of Medicine, University of Oxford

#### **"Preparing for epidemic infectious diseases: the contribution of primary health care research"**

Peter is a public health physician and clinical academic who trained in adult medicine, infectious diseases and public health in the UK and Australia.

He previously held positions as International Research Fellow at the National Centre for Immunisation Research in Sydney; Consultant Epidemiologist with the UK Health Protection Agency; and Head of the Department of Communicable Disease Surveillance and Response in the Vietnam WHO Country Office. In early 2006 Peter established a Clinical Research Unit at the National Hospital for Tropical Diseases, Hanoi, Vietnam and was the Unit Director until October 2011. Between 2011 and 2014 he split his time between research activities in Vietnam, Indonesia, Myanmar, and Singapore. In August 2014 Peter returned to the UK where he has established the Epidemic Diseases Research Group at the Centre for Tropical Medicine in Oxford.

He has worked extensively in resource constrained settings and has led research on a wide range of emerging and epidemic infections, including variant CJD, SARS, H5N1, H7N9, dengue, rabies, cholera, measles, rubella, *Streptococcus suis*, Hand Foot and Mouth Disease, and Ebola.





## Professor Sue Ziebland

Professor of Medical Sociology, Nuffield Department of Primary Care Health Sciences, University of Oxford

**"What has qualitative social science ever done for health research? A sociologist reflects..."**

Sue Ziebland is Professor of Medical Sociology and director of the Health Experiences Research Group, based in the Nuffield Department of Primary Health Care. She is also a senior research fellow at Green Templeton College and in 2013 was appointed as an NIHR Senior Investigator

Sue's background is in medical sociology, with increasing focus on qualitative research approaches. Sue has worked as a researcher in the academic, NHS and voluntary sectors and has published over 150 papers and chapters in social science and health publications. Sue was invited (by Ann McPherson) to be involved in the DIPEX (now Healthtalk) project in 1999 when it was still at the kitchen table stage. She spent a considerable (and perhaps not surprising) amount of 1999 getting the projects through a national research ethics committee and has worked closely with colleagues in HERG and in the DIPEX charity to develop the methods used in the projects and raise funding for the projects. Healthtalk has been emulated worldwide within the DIPEX International Collaboration, which currently includes Japan, Korea, Australia, Norway, Netherlands, Germany, Czech Republic, Spain, Canada, Israel and USA.

Sue's current research interests include how the internet is changing health care, through access to health information, through the opportunity to comment on services and how the web is changing patients relationships with health professionals, including how they consult with GPs. International work includes a comparative narrative interview study of help seeking and health system response in Sweden, Denmark and England and projects with the DIPEX International Collaboration.

You can find Sue on Twitter: @sueziebland

## Peer reviewers

We are very grateful to all those who reviewed abstracts for this conference:

Alyson Huntley	Esther van der Werf	Merlin Willcox	Rupert Payne
Amanda Owen-Smith	Hannah Thornton	Miriam Santer	Sabrina Grant
Andy Dickens	Jamie Hartmann-Boyce	Natalia Lewis	Sal Stapley
Anthony Harnden	Jason Oke	Oliver van Hecke	Sandra Hollinghurst
Antje Lindenmeyer	Jeffrey Aronson	Polly Duncan	Sarah Bailey
Borislav Dimitrov	Kamal Mahtani	Rachel Brettell	Sarah Stevens
Brian Nicholson	Kate Jolly	Rachel Foskett-Tharby	Sarah Tonkin-Crine
Clare Bankhead	Kay Wang	Rachel Johnson	Susannah Fleming
Clare Taylor	Liz Spencer	Rachel Ryves	Tanimola Martins
Elizabeth Shephard	Matthew Booker	Richard McManus	Zulian Liu
Emma Anderson	Matthew Ridd	Richard Stevens	

# MAP

