**Patient & Doctor II Course 2020**

**14th – 25th September**

**Example Timetable for GP Tutors**

This is an example of how two medical students might fit into your practice over a two-week period. It is intended as a guide, to be adapted to your individual circumstances and timetables. Flexibility is paramount, given the demanding and unpredictable nature of the pandemic.

We would expect each student to be given **ten half-day sessions of activities over the fortnight.** Typically, this will work out as **five sessions per week,** but exactly how these are timetabled are up to you. We recommend that at least three sessions involve sitting in with GPs, observing their consultations (whether face-to-face or via video/telephone). The remaining sessions might involve working with wider members of the practice team, as suggested below.

The rest of the students’ time will be allocated to self-directed learning (see below). This can be undertaken either at the practice or away (typically at the student’s home).

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| --- | --- | --- | --- |
| **Day** | **Time** | **Student 1 Activity** | **Student 2 Activity** |
| **WEEK 1** |  |  |  |
| Monday | AM | Introduction then sit in GP clinic  |  |
|  | PM  |  | Introduction then sit in GP clinic  |
| Tuesday | AM |  | Practice MDT |
|  | PM | Practice MDT |  |
| Wednesday  | AM | Practice MDT | Practice MDT |
|  | PM |  |  |
| Thursday | AM | Sitting in GP clinic | Extended Patient Contact Report |
|  | PM |  | Practice MDT |
| Friday  | AM | Extended Patient Contact Report | Sitting in GP clinic |
|  | PM | Practice MDT |  |
| WEEK 2 |  |  |  |
| Monday | AM | Practice MDT |  |
|  | PM |  | Practice MDT |
| Tuesday | AM |  | Sitting in GP clinic |
|  | PM | Sitting in GP clinic |  |
| Wednesday | AM | Extended Patient Contact Report  |  |
|  | PM  |  | Practice MDT |
| Thursday | AM |  | Extended Patient Contact Report |
|  | PM | Practice MDT |  |
| Friday | AM |  | Feedback and debrief |
|  | PM | Feedback and debrief |  |

**Sitting in clinic**

Either face-to-face, or telephone/video consultations (as appropriate)

**Practice MDT**

Possible activities to include (as appropriate/feasible):

* Home visits
* Going out with District Nurses
* Observing Practice Nurse and HCA clinics (chronic disease management, minor illness, NHS health checks, phlebotomy etc.)
* Shadowing practice Pharmacist/Physiotherapist/Paramedic
* Sitting in with Reception Team
* Accompanying GP on care home rounds/school clinics
* Attending meetings, e.g. PCN, LMC, CCG etc.

**Extended Patient Contact Report**

As in previous years, students will be asked to interview a patient who has a long-term condition or complex illness, requiring the support of the community multi-disciplinary team. This has traditionally taken place at the patient’s home, but this year may also be conducted by telephone or video. Two sessions may be required to build rapport with the patient, or to interview family or relevant members of the MDT. To compensate for missing the benefits of a visit to the patient’s home, we are keen to encourage you to facilitate students being able to discuss their patient with other members of the team who are involved (eg District or Practice nurse etc).

**Self-Directed Study**

When students are not with you in practice, they will be asked to complete several online modules, hosted on the university platform Canvas. This can be from home – there is no requirement for them to be in practice at these times. The modules cover the following areas:

* History and examination
* An introduction to clinical skills in Primary Care
* An overview of the Primary Care MDT (including video interviews with Oxfordshire Primary Care MDT members, filmed in August 2020)
* Community MDT members discussing complex cases, as a background to the students’ *Extended Patient Contact Reports*

Students will also be encouraged to choose from the following reading list, with the explanation that novels can give unexpected and valuable insights into medical diagnoses and practice. Please provide them with other suggestions if you have favourites!

**Novels looking at life as a doctor (both now and in the past)**

* *A Country Doctor’s Notebo*ok, Bulgakov (working as a junior doctor in early twentieth Century Russia).
* *The Citadel,* AJ Cronin (about a GP in rural Wales in the 1930s. The novel is thought to have been very influential in the setting up of the NHS)
* *Trust Me, I’m a (Junior) Doctor,* Max Pemberton (junior doctoring in the noughties)
* *When Breath Becomes Air,* Paul Kalanithi (an account of illness and mortality, from the perspective of a young brain surgeon who developed metastatic cancer).

**Novels about particular medical issues**

**Mental Health/ Learning Disability**

The Bell Jar, Sylvia Plath

The Shock of the Fall, Nathan Filer

The Curious Incident of the Dog in the Night-time, Mark Haddon

**Dementia**

Elizabeth is Missing, Emma Healey

**Death and Dying**

The Death of Ivan Ilych, Tolstoy

**Domestic Violence**

The Woman Who Walked into Doors, Roddy Doyle

**Addiction**

Trainspotting, Irvine Welsh

**Updated August 2020**