

From the DBS Regulated activity with Adults in England pamphlet (April 2021)

What is regulated activity?

Regulated activity is work that a barred person must not do.

However, it excludes any activity carried out in the course of family relationships, and personal, non-commercial relationships.

An adult is any person aged 18 years or over.

You only need to carry out any of the activities once to be in regulated activity with adults.

If you are employing someone to do work that is regulated activity with adults you could request an Enhanced DBS with an adults barred list check.

When you request a DBS check to assess someone to carry out regulated activity with adults this means that you are a regulated activity provider (RAP) which brings obligations under the Safeguarding Vulnerable Groups Act 2006.

Regulated activities with adults are:

- Providing health care by, or under the direction or supervision of, a regulated health care professional
- Providing personal care made up of:
 - physical assistance with eating, drinking, toileting, washing, bathing, dressing, oral care or the care of skin, hair or nails for adults who can't carry this out themselves because **age, illness or disability**
 - prompting and then supervising with eating, drinking, toileting, washing, bathing, dressing, oral care or the care of skin, hair or nails for adults who can't decide to do this for themselves because of age, illness or disability
 - training, instructing, providing advice or providing guidance on how to physically assist an adult with eating, drinking, toileting, washing, bathing, dressing, oral care or the care of skin, hair or nails for adults who can't carry this out themselves because age, illness or disability
- Providing social work by a social care worker to an adult who is a client or potential client
 - the Court of Protection has made an order in relation to the making of decisions on the adult's behalf
 - an independent mental health or mental capacity advocate is appointed
 - independent advocacy services are provided
 - a representative is appointed to receive benefits payments on the adult's behalf
- Conveying adults to, from or between health care, personal care and/or social work services who can't convey themselves because of their age, illness or disability
- Day to day management or supervision of anyone carrying out the above activities.