

PHC Anti-racism Resources List

On racialised medicine and racism as a determinant of health:

- “On Racism: A New Standard For Publishing On Racial Health Inequities, " Health Affairs Blog, July 2, 2020. DOI: 10.1377/hblog20200630.939347
<https://www.healthaffairs.org/doi/10.1377/hblog20200630.939347/full/>
- Vyas et al. “Hidden in Plain Sight: Reconsidering the Use of Race Correction in Clinical Algorithms”, <https://www.nejm.org/doi/full/10.1056/NEJMms2004740>
- Gopal, D.P., Francis, R. Does race belong in the hypertension guidelines?. *J Hum Hypertens* (2020). <https://doi.org/10.1038/s41371-020-00414-2>
- (book) “Superior: The Return of Race Science”, 2019, Angela Saini
- Paradies et. Al. (2015) Racism as a Determinant of Health: A Systematic Review and Meta-Analysis, <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0138511>
- Williams DR, Lawrence JA, Davis BA. Racism and Health: Evidence and Needed Research. *Annu Rev Public Health*. 2019 Apr 1;40:105-125. doi: 10.1146/annurev-publhealth-040218-043750. Epub 2019 Feb 2. PMID: 30601726; PMCID: PMC6532402.
<https://pubmed.ncbi.nlm.nih.gov/30601726/>
- Jones CP. Toward the Science and Practice of Anti-Racism: Launching a National Campaign Against Racism. *Ethn Dis*. 2018 Aug 9;28(Suppl 1):231-234. doi: 10.18865/ed.28.S1.231. PMID: 30116091; PMCID: PMC6092166. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6092166/>
- Smart, A. and K. Weiner (2018). "Racialised prescribing: enacting race/ethnicity in clinical practice guidelines and in accounts of clinical practice." *Sociology of Health & Illness* **40**(5): 843-858. <https://pubmed.ncbi.nlm.nih.gov/29626344/>
- PHE report on ethnic inequality in health:
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/730917/local_action_on_health_inequalities.pdf
- “Medicine’s Privileged Gatekeepers: Producing Harmful Ignorance About Racism And Health, " Health Affairs Blog, April 20, 2021. DOI: 10.1377/hblog20210415.305480
<https://www.healthaffairs.org/doi/10.1377/hblog20210415.305480/full/>
- Dhairyawan, R. Evaluating values (2020) <https://blogs.bmj.com/bmjleader/2020/06/15/evaluating-values-by-rageshri-dhairyawan/>
- Nazroo, J. Y., K. S. Bhui and J. Rhodes (2020). "Where next for understanding race/ethnic inequalities in severe mental illness? Structural, interpersonal and institutional racism." *Social Health Illn* **42**(2): 262-276. <https://onlinelibrary.wiley.com/doi/10.1111/1467-9566.13001>
- (book) Pollock, A. (2012). Medicating Race: Heart Disease and Durable Preoccupations with Difference, Duke University Press.
- Patrick Bracken, Suman Fernando, Sara Alsaraf, Michael Creed, Duncan Double, Tom Gilberthorpe, Rukyia Hassan, Sushrut Jadhav, Prem Jeyapaul, Diana Kopua, Megan Parsons, James Rodger, Derek Summerfield, Philip Thomas & Sami Timimi (2021) Decolonising the medical curriculum: psychiatry faces particular challenges, *Anthropology & Medicine*, DOI: [10.1080/13648470.2021.1949892](https://doi.org/10.1080/13648470.2021.1949892)
- Younis, T. and S. Jadhav (2020). "Islamophobia in the National Health Service: an ethnography of institutional racism in PREVENT's counter-radicalisation policy." *Social Health Illn* **42**(3): 610-626. <https://onlinelibrary.wiley.com/doi/abs/10.1111/1467-9566.13047>

Anti-racist praxis in health research:

- Ford CL, Airhihenbuwa CO. Critical Race Theory, race equity, and public health: toward antiracism praxis. Am J Public Health. 2010 Apr 1;100 Suppl 1(Suppl 1):S30-5. doi: 10.2105/AJPH.2009.171058. Epub 2010 Feb 10. PMID: 20147679; PMCID: PMC2837428.
- Treweek, S. (2020). The forgotten, the ignored and the under-served – trials cannot continue to fail large parts of society. <http://blogs.biomedcentral.com/on-medicine/2020/10/01/the-forgotten-the-ignored-and-the-under-served-trials-cannot-continue-to-fail-large-parts-of-society/>
- Came H, Griffith D. Tackling racism as a "wicked" public health problem: Enabling allies in anti-racism praxis. Soc Sci Med. 2018 Feb;199:181-188. doi: 10.1016/j.socscimed.2017.03.028. Epub 2017 Mar 16. PMID: 28342562.

Broadening your knowledge and understanding:

- Anti-Racism Ally Network | Equality and Diversity Unit (ox.ac.uk)
- [21-Day Racial Equity Challenge — America & Moore \(eddiemoorej.com\)](#): For 21 days, do one action to further your understanding of power, privilege, supremacy, oppression, and equity.
- [Critical Race Theory \(CRT\) | BERA](#): Overview of CRT which proposes that any analysis of society must take into account its history of racism and the role race has played in shaping attitudes and institutions. CRT often overlaps with discussions of systemic racism, the ways policies, procedures and institutions work to perpetuate racial inequity.
- [ABC7 Listens 'Allies in Action: A Bay Area Conversation' - ABC7 San Francisco \(abc7news.com\)](#): Interesting discussion on allyship.
- [Show Racism the Red Card - News and Events](#) : SRtRC is the UK's largest anti-racism educational charity
- [Home | The Acumen Group](#)
- [Race Resources: Find resources to help with equality, justice and race issues - ABC7 San Francisco \(abc7news.com\)](#)
- [Eventbrite](#): a vast source of discussions, seminars and workshops on anti-racism and diversity

Recruitment and career progression:

- [Middlesex University \(mdxminds.com\)](#): a review of the evidence on how to make recruitment and career progression fairer

Recommended reading:

Short reads

- <https://edition.cnn.com/2021/09/04/us/census-browning-of-america-myth-blake/index.html>: White supremacy, with a tan.
- <http://signsjournal.org/goodwin/> : The Body Politic: Representation and Reproductive Feminist Jurisprudence.
- https://theconversation.com/learning-about-white-privilege-isnt-harmful-to-white-working-class-children-viewpoint-163390?utm_medium=Social&utm_source=Twitter#Echobox=1624639681 Learning about white privilege isn't harmful to white working class children – viewpoint.
- What is Racism? - <https://kvisit.com/8AE/9eAG>
- Popular White Narratives that Deny Racism - <https://kvisit.com/8AE/9uAG>

- Frank Wilderson, III - Gramsci's Black Marx: Whither the Slave in Civil Society?: <http://damnthecaesars.org/pdfs/wilderson-gramsci.pdf>
- Staying Power: The career experiences and strategies of UK Black female professors Nicola Rollock February 2019: [UCU Rollock February 2019.pdf](#)

Books:

- Michelle Alexander - The New Jim Crow: Mass Incarceration in the Age of Colourblindness: https://www.vanderbilt.edu/ctp/The_New_Jim_Crow.pdf
- Beverly DiAngelo - Anti-Racist Education and the Road Ahead; <https://kvisit.com/8AE/-eAG>
- Beverly DiAngelo - What Does it Mean to Be White?
- Beverly DiAngelo - White Fragility: <https://libjournal.uncg.edu/ijcp/article/viewFile/249/116>
- Ta-Nehisi Coates - The Case for Reparations: <https://www.theatlantic.com/magazine/archive/2014/06/the-case-for-reparations/361631/>
- Reni Eddo-Lodge – Why I'm No Longer Talking to White People About Race: <https://renieddolodge.co.uk/books/>
- gal-dem Magazine - I Will Not Be Erased: Our Stories About Growing Up as People of Colour:
- Amelia Gentleman - The Windrush Betrayal: Exposing the Hostile Environment: <https://www.abebooks.co.uk/9781783351848/Windrush-Betrayal-Exposing-Hostile-Environment-1783351845/plp>
- Beryl Gilroy – Blackteacher, a lesson on racism in 1950s Britain: <https://www.waterstones.com/book/black-teacher/beryl-gilroy/bernardine-evaristo/9780571367733>
- Ibram X. X. Kendi - How to Be an Antiracist
- Tema Okun - White supremacy culture: https://www.dismantlingracism.org/uploads/4/3/5/7/43579015/okun_-_white_sup_culture.pdf
- Ljeoma Oluo – So You Want to Talk about Race?, free with Audible membership
- Nova Reid - How to be a good ally: <https://novareid.com/the-good-ally/>
- Adam Rutherford - How to Argue with a Racist: History, Science, Race and Reality
- Layla Saad & Robin DiAngelo: Me and White Supremacy: How to Recognise Your Privilege, Combat Racism and Change the World
- Christina Sharpe – In the Wake: On Blackness and Being https://www.dukeupress.edu/Assets/PubMaterials/978-0-8223-6294-4_601.pdf
- Bryan Stevenson – Just Mercy: [Just Mercy: A Story of Justice and Redemption \(eji.org\)](#)
- Matthew Syed - Rebel Ideas: The Power of Diverse Thinking
- Beverly D Tatum - Why Are All The Black Kids Sitting Together In The Cafeteria?: <https://www.beverlydanieltatum.com/published-works/>
- Alicia Garza - The Purpose of Power: How to Build Movements for the 21st Century
- [ProQuest Ebook Central](#) - a variety of books on racism and diversity free via SSO

Films, documentaries, talks, podcasts etc.:

Talks / short clips

- How Privileged Are you: <https://www.youtube.com/watch?v=0UmowwMivYU>

- TV2 All That we share <https://www.youtube.com/watch?v=jD8tjhVO1Tc> and <https://www.youtube.com/watch?v=UQ15cqP-K80>
- People of Colour From Around The World Respond to 'White': <https://www.youtube.com/watch?v=BZFY0dqCOKs>
- What Dark-Skinned People Will Never Tell You: <https://www.youtube.com/watch?v=76X4JvjpXug>
- Nadiya Hussain: I've wanted to bleach the brown out of me: <https://www.bbc.co.uk/news/av/uk-57809147>
- A Conversation With White People on Race, Op-Docs, The New York Times: <https://www.youtube.com/watch?v=xXow7olFyIM>
- A Conversation About Growing Up Black, Ops-Docs, The New York Times: <https://www.youtube.com/watch?v=rSAw51caEeg>
- Let's Talk About What It's Like To Be A Black Person In the USA: <https://www.youtube.com/watch?v=WD8mWq0Hdcw>
- Let's Talk About Whether The US Is Fundamentally Racist: <https://www.youtube.com/watch?v=ZtMtEsrXuMg>
- Facing Racism: What You Can Do To Fight Injustice by Dan Gannon: <https://www.youtube.com/watch?v=XUMUhdYthVM>
- Paul J Fry talks about White Fragility on Tic Tok: [#whiteallies#fakeallies#whyidonttrustpeople \(tiktok.com\)](https://www.tiktok.com/@whiteallies#?is_from_webapp=1&from_safelist=true)
- A conversation with a Black race reconciliatory and a former white supremacist on changing hearts and minds: <https://commongroundcommittee.org/event/turning-racism-extremism-into-hope-and-healing/>
- Why I, as a black man, attend KKK rallies by Daryl Davis: <https://www.youtube.com/watch?v=ORp3q1Oaezw>
- 50 years of racism – why silence isn't the answer by James A. White Snr: <https://www.youtube.com/watch?v=r9DDE7NV1Nw>
- Breeding out the Blacks with Dr Shantella Sherman: [Breeding out the Blacks with Dr Shantella Sherman - YouTube](https://www.youtube.com/watch?v=...)
- <https://www.eventbrite.co.uk/o/black-history-walks-2849465606> : Black History Walks run an on-going series of interviews, discussions, documentaries, workshops, tours on a multitude of topics across black history and black lives.
- We Need To Talk About An Injustice, Bryan Stevenson: https://www.ted.com/talks/bryan_stevenson_we_need_to_talk_about_an_injustice
- Nazi prejudice and propaganda – the racist crimes against the “children of shame”, DW Documentary: [Nazi prejudice and propaganda – the racist crimes against the "children of shame" | DW Documentary - YouTube](https://www.youtube.com/watch?v=...)
- Afro Germany – being black and German, DW Documentary: [Afro Germany - being black and German | DW Documentary - YouTube](https://www.youtube.com/watch?v=...)
- Colonial crimes, DW Documentary: [Colonial crimes | DW Documentary - YouTube](https://www.youtube.com/watch?v=...)
- Slavery and Suffering - History Of Africa with Zeinab Badawi: [Slavery and Suffering - History Of Africa with Zeinab Badawi \[Episode 16\] - YouTube](https://www.youtube.com/watch?v=...)

Films:

- My Name Is Pauli Murray (2021), Amazon Prime video
- Passing (2021), Netflix
- The Color of Fear (1994), £2.49 to rent on Amazon Prime video

- The Assassination of Fred Hampton: How the FBI and the Chicago Police Murdered a Black Panther:
https://www.democracynow.org/2009/12/4/the_assassination_of_fred_hampton_how
- 13th: <https://www.mirror.co.uk/film/netflix-13th-ava-duvernay-documentary-22157992>

Podcasts:

- [Intersectionality Matters!: 39. The Insurgent Origins of Critical Race Theory on Apple Podcasts](#)
- A wide variety of podcasts on Audible including:
 - [Defiance: The sports stars who fought for change](#)
 - [Race Reflections AT WORK](#)
 - [Race at Work with Porter Braswell](#)
 - [Disrupting Privilege](#)
 - [Colors: A Dialogue on Race in America](#)
 - [Colorblind: Race Across Generations](#)
 - [Everyday Conversations on Race for Everyday People](#)
 - [The Race Thing](#)
 - [Race & Diversity Reimagined Podcast](#)
 - [The Race and Ethnic Relations on Campus Podcast Show](#)
 - [Race & Gender Unfiltered with Daniel Edmund](#)
 - [From Where We Stand: Conversations on race and mental health](#)
 - [Race In America: A Candid Conversation](#)
 - [Naked Conversations: Race, Culture, & Beyond](#)
 - [Stepping Into Truth: Conversations on Race, Gender, and Social Justice](#)
 - [Race Beyond Borders](#)
 - [Liberating Race](#)
 - [Deconstructing Race Critical Thought Podcast](#)
 - [Shed - Conversations about race](#)
 - [A Safe Place to Talk About Race](#)
 - [Taboo: Race, Religion, Sex and Politics](#)
 - [Cards On Race Podcast](#)
 - [Let's Talk About Race](#)
 - [Hidden Voices](#)
 - [The Realities of Race](#)
 - [The Race Dilemma Podcast](#)
 - [Other: Mixed Race in America](#)
 - [Race Unwrapped](#)
 - [Beyond Race Podcast](#)
 - [Race and Rosé](#)
 - [Young Voices on Race & Equality with Ryan and Josephine](#)