

## Kam Bhui: Research



- Cultural Psychiatry: epidemiology, anthropology, sociology
- Ethnic Inequalities of experiences and outcome of SMI
  - Methods:
    - Cultural narratives, illness perceptions/EMs, cultural identity, biographies/ethnography, spirituality, religiosity....
    - Community embedded recruitment to research, participatory methods
    - Outcomes: suicide, self-harm, depression, psychosis, personality disorder, violence, extremism, dementia
    - Outcome adaptation and validation
  - Cultural competency and consultation interventions
  - Adverse experiences such as discrimination/racism, migration, trauma (refugees); positive experiences: social support, identity, belonging.
  - Understanding coercive pathways through care and clinical assessment: criminal justice system involvement, MHA
  - Interventions: health literacy in populations, care pathways, assessment, engagement, cultural adaptation of interventions



## Bio-Social Interface, Place, and Multiple Disadvantage



- Ethnicity and inequalities in psychosis incidence and care: lack of traction=lack of effective theory and practice
  - Evidence, coalitions and place-based systems work (B'ham, Leeds, Manch, Lond)
  - Influencing commissioning and policy and clinical practice
  - Using patient voice, narratives, creative arts to reframe and motivate actions
- Multimorbidity and premature mortality
  - MM: Detecting mental illness in MM (CKD, Cancer) and interventions
  - Understanding mechanisms by which adversity leads to Psychosis, MM, including mediation through inflammation
  - Role of ethnicity?
- Syndemics: better models of causation, prevention, and knowledge to build integrated care, where ethnicity is part of a syndemic
  - New application: HSRD, WT .....



## Preventive Psychiatry/ Public Health



- Adolescent mental health
  - Cohorts: RELACH, DASH, REACH
  - Bullying, racism, social support, cultural identity, trauma
  - Self-harm, depression, anxiety
  - ATTUNE
- Complex Interventions: multicomponent for comorbidity and some including creative arts or e-intervention
  - SURECAN
  - ROSHNI
  - Internet based suicide prevention: Turkish samples London/Amsterdam
  - Framers: GCRF digital resilience for youth and families (COVID-adapted)
  - COVID
    - PHOSP-evolving
    - Warwick
    - Herts





## **Thanks**

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