

SuMMiT-D PPI Update

Nikki Newhouse (Oxford) and Cassie Kenning (Manchester) are now putting together a **monthly** project update. Please do let us know if you find the newsletter helpful by emailing nicola.newhouse@phc.ox.ac.uk

- We have now finished the initial development work on the system. The focus groups and interviews helped us move quickly to setting up the mobile phone system and the team are now preparing reports.
- Following completion of the development work, we have been sending messages on a regular basis to nearly 50 people with diabetes. Many people have decided to continue receiving messages after an introductory 3-month period. All interviews with this group will be completed by the end of Jan 2019, after which we will be able to provide a summary of the results and how this might influence further development of the system.
- The feasibility trial has now received full approval from our ethics committee and we will be starting to recruit people in the next two to three weeks.
- We have continued to work with South Asian people with diabetes to look at the way that text messages might be used in their communities. As a result of this work we are clear that much more work needs to be done on how best to use brief messages with this group.
- **Thank you** for all your help with this preliminary work. We are planning a PPI meeting for early 2019 and will be in touch with details in due course.



Support through mobile messaging and digital health technology for diabetes



Your PPI contacts



Nikki Newhouse
University of Oxford



Cassandra Kenning
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CAN YOU HELP?

The SuMMiT-D website has been launched at www.summit-d.org. The purpose of the website is to provide brief information to people who might be interested in knowing more about the study. The website needs to be clear, simple and informative and can be updated regularly for the duration of the project. Feedback on the website is welcome! Please send any comments to Nikki Newhouse at nicola.newhouse@phc.ox.ac.uk

