Call for evidence – Social Prescribing for children and young people to improve mental health

A team led by Vashti Berry and Kerryn Husk, (PenARC), including Marcello Bertotti and Paul Jarvis-Beesley, are conducting a review of evidence relating to how children and young people (CYP) access social prescribing community assets for health and wellbeing, to improve mental health.

This project will extend the growing evidence base around social prescribing in the primary care and public health arenas by focussing on its use for CYP and in particular prevention and early intervention in mental health conditions, which are a key growing concern for primary care, public health and education services.

The team is particularly interested in:

* **Which individuals and services are children and young people presenting at, for mental health** **difficulties?** How do children and young people find out about relevant services? What are the referral processes for CYP to access community groups or services?
* **How do young people with mental health difficulties travel through the care pathway to access support:** How do children and young people access community offers?

In addition to searching for published evidence, we are keen to gather other types of evidence including any information from community projects working directly with CYP to improve mental health, for example **unpublished evaluations, reports or leaflets; project websites; conference presentations or posters; blogs or other social media content; any other sources of information which may be relevant**.

If you have any information you think may be helpful to share with us, or any questions about the study, please contact Alex Gude on [alex.gude@plymouth.ac.uk](mailto:alex.gude@plymouth.ac.uk)

More information about the study can be found at: <https://arc-swp.nihr.ac.uk/research/projects/cyp-social-prescribing-mental-health/>