



SPCR funding for PPI activities final report

Please complete all sections of this report. We would like to publish these reports on the PPI pages of the NDPCHS website, so please ensure you do not include any details which could identify the PPI contributors you worked with, or disclose any personal or confidential information.

Please briefly describe your project and the PPI activities that you carried out with this funding. What was the aim/purpose of your PPI activities? Did you do anything differently from how you planned? If yes, why was this? eg *Doing individual interviews instead of a group discussion* (max. 150 words).

I am undertaking a discrete choice experiment (DCE) investigating the factors that influence deprescribing (antihypertensive) preferences in older adults and their informal caregivers.

PPI participants were invited to take part in three sessions.

The first was an online group Teams meeting which focused on identifying what factors individuals would take into consideration when deprescribing.

The second session was individual online Teams meetings which focused on reviewing the proposed survey questions to assess their suitability for the two participant groups. I had originally planned on doing this as a group session, but realised I would get better feedback if individuals had more time to review the content.

For the final session, participants were asked to complete the draft survey and provide feedback on the imagery, wording, and ease of understanding for each of these documents. They were also asked to specify how long it had taken them to complete the survey.

What was the impact of the PPI on your project? eg *Did it change or validate anything you will do?* (max. 150 words)

PPI had a huge impact on my project. I used the feedback from the initial meeting to design the DCE directly (i.e. which attributes were included in the choice tasks).

Furthermore, I ended up removing some of the questions from the survey that multiple participants indicated was too complex. I also used their feedback to edit the questions and the way they were presented into formats that meant the survey was easier to follow. Additionally, the order of the questions was informed by PPI suggestions.

Some PPI participants also provided suggestions on where I could distribute the survey to maximise responses from a sample reflective of the wider population.

What was the impact of the PPI on you? eg Did it make you think about anything differently? Did it increase your confidence at doing PPI? (max. 150 words)

I found the PPI invaluable for the study. In previous projects, I have conducted PPI in a far more informal way (using individuals from my own personal network). I found having neutral, independent parties comment on the study meant I received feedback that is hopefully more reflective of the wider population and will hopefully make the survey as accessible as possible to everyone who wants to take part. For future studies, I will definitely make sure to conduct formalised PPI.

On a personal note, I really enjoyed working with the participants. The individual meetings were especially enjoyable. I also found they helped me to refine the way I presented what I wanted from the PPI participants so that it was clearer for both parties. This has therefore helped me to learn how to conduct PPI in a more efficient way going forward.

What was the impact of the PPI on your PPI contributors? (max. 150 words)

Many of them have emailed me since to say they really enjoyed taking part, and have invited me to contact them if I need any further feedback on this study or if I conduct another study in future.

Additionally, some participants have expressed an interest in the study itself, so I have told them that once the study is complete and written up, I will send them a link to the paper so they can read the results if they want.

What are the next steps? (max. 150 words)

I am currently waiting for the final few pilot responses. I will use their feedback to edit the survey and will then begin distributing the final survey to the wider population from late April/early May.

Did you spend all the funding that you were awarded? If not, why not?

Yes - £300 was spent on 3 informal caregiver and 3 patient PPI participants.

Please also include a copy of the feedback you sent to your PPI contributors.

Once I have completed the final pilot study, and payment has been sent to all PPI participants, I will send a final thank you for taking part. The full feedback will be delivered once the survey has been conducted and the results published – I will send them a link to the relevant paper.