

- **Feasibility Study**

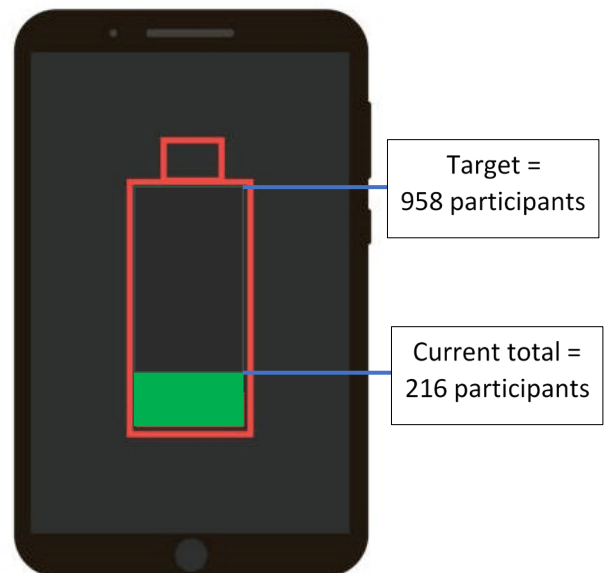
Recruitment to the Feasibility Study was completed in April 2019. We are currently collecting data for the participants at their 24-month time point.

- **Main Trial**

The main trial is now OPEN to recruitment!

So far, over 30 GP surgeries have been given a greenlight to start recruiting. Nine have sent out invitations to people with type 2 diabetes.

People can register their interest by texting Register + first name, surname to the study.



We are aiming to recruit 958 participants in total to the study

## Recent outputs

The team have recently published the following articles:

System Architecture for "Support Through Mobile Messaging and Digital Health Technology for Diabetes" (SuMMiT-D): Design and Performance in Pilot and Randomized Controlled Feasibility Studies

<https://formative.jmir.org/2021/3/e18460>

Including 'seldom heard' views in research: opportunities, challenges and recommendations from focus groups with British South Asian people with type 2 diabetes

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7296709/>

