

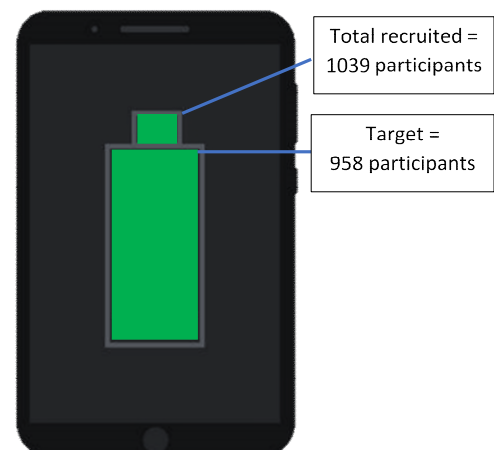
Feasibility Study

The feasibility study for SuMMiT-D has now been completed, and the data is being analysed. We would like to say a big **THANK YOU** to the participants and practices who took part.

Main Trial

The SuMMiT-D main trial started opened for recruitment in March 2021 and recruited to target very quickly thanks to the work of the team and the practices involved.

We have now completed collection of the data at baseline, 3-months and 6-months, and are currently contacting participants to complete questionnaires after 12 months in the study. Again we would like to thank everyone who is taking part and helping us with this study.



Qualitative update:

The qualitative team conducted 34 entry interviews for the main trial, and this work was completed in August 2021. The team have now begun conducting exit interviews with participants. This data will provide valuable insight into the experience of using the text messaging system.

PPI Update:

In collaboration with our PPI group, we are now developing ideas relating to how we can share our SuMMiT-D findings in new and innovative ways. We have also recruited two new PPI members to help us with disseminating key messages from our research, with a particular focus on reaching underrepresented community groups

Recent outputs

The team have recently published the following articles:

Effects of using a text message intervention on psychological constructs and association between changes to psychological constructs and medication adherence in people with type 2 diabetes: Results from a randomised controlled feasibility study (JMIR Formative Research preprint #30058)

Supporting people with type 2 diabetes in effective use of their medicine through mobile health technology integrated with clinical care to reduce cardiovascular risk (SuMMiT-D): a protocol for an effectiveness and cost-effectiveness randomised control trial (JMIR Preprints #32918)

