

# FACTS LFIA Sampling and Test Procedure

1. Add six drops of sample buffer to a sample tube
2. Remove the swab from its packaging and locate your tonsils using a mirror or mobile phone camera
3. Brush each tonsil or tonsil area 5 times (try not to touch your tongue)
4. Insert the swab approx. 2.5 cm into one of your nostrils and rotate the swab gently 5 times against the inside surfaces
5. Repeat with the other nostril and then remove
6. Insert the tip of the swab into the sample collection tube buffer, hold and press the swab head against the side of the tube with force, whilst rotating the swab for about 10 seconds



Drip extract solution



Extraction

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7. Squeeze the swab head during removal, to extract as much liquid as possible (dispose of the swab as directed)
8. Install the nozzle cap and drip 2 drops of solution into the sample well of the test cartridge
9. Read the result between 20 & 30 minutes following application of the sample solution. **Do not read the cartridge before 20 or after 30 minutes**
10. Interpret your result according to the adjacent image
11. Dispose of the cartridge as directed

