

SuMMiT-D update

- **Feasibility Study**

Recruitment to the Feasibility Study was completed in April 2019. We recruited from 16 general practices across a wide geographical area. A total of 209 participants were randomised into the study. All baseline, and 6 month data has been collected and analysed. The data is currently being written up for publication. From December we will be contacting our practices to begin collecting data for the participants at their 24-month time point.

- **Main trial**

During this year we have been working hard to get the documentation and approvals in place to begin the main clinical trial. This has inevitably been affected by the current global pandemic, and we have had to adjust the ways in which we are working.

In the last few weeks we have received agreements from two Clinical Research Networks to work with practices in their areas. We have received 18 expressions of interest in participating from general practices to date, and have begun GP practice training and set up.



Your PPI contacts



Nikki Newhouse
University of Oxford



Cassandra Kenning
University of Manchester



Recent outputs

The team have had a number of recent publications in peer reviewed journals such as:

Use of Brief Messages Based on Behaviour Change Techniques to Encourage Medication Adherence in People With Type 2 Diabetes: Developmental Studies. Bartlett YK et al. J Med Internet Res 2020

British South Asian Patients' Perspectives on the Relevance and Acceptability of Mobile Health Text Messaging to Support Medication adherence for Type 2 Diabetes:Qualitative Study. Prinjha S, et al JMIR Mhealth UHealth 2020