



NUFFIELD DEPARTMENT OF
PRIMARY CARE
HEALTH SCIENCES

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Experiences of Periods and period pain



Hello
I am Sharon

I am a researcher working with the Medical Sociology and Health Experiences Research Group at the University of Oxford. My job is to talk to people about their periods and period pain.

Would you like to take part in my project?

Please talk about this with your parent, partner, carer, a friend, key worker, support worker, family and your GP to help you decide.

If you like, I can read this to you.
Please ask me if you want this leaflet



I would like to know about your experiences periods and period pain.

I would like to record our chat.



I would like to film our chat.



I would like to write down what you say.

I would like to put your story on HEXI.



HEXI is a website. People share their stories and talk about their experiences on this website. The website is used by people who want to learn about health stories.

I will show you the HEXI website you can see other people's videos. It is a bit like being on TV. This means anyone can see it.



I want to talk to around 40 other people as well.



The Berkshire Ethics Committee has agreed to this project.



The National Institute of Health and Social Care Research are paying for it.

Do I have to take part?

No.

It is up to you.



If you want to take part in this project, I will ask you to sign a consent form.

What will happen if I take part?

You and I will decide a time and a place to talk. Or we can talk by phone or online. Or you can tell us about your experiences of period pain in a letter or diary (using words or pictures) that you can do in your own time. We will give you information about how to do this, and how to return the diary to us securely.]

We will pay for your travel if our chat is not at your home.



Are you happy to:

Record our chat?

Yes/No



Film our chat?

Yes/No



Put your story on the HEXI website?

Yes/No

Write down what you say?

Yes/No



A typist will type up your story but they won't know your name.

You could talk about the project with your parent, partner, carer, a friend, key worker, support worker, family and your GP or to me.



You can leave my project at any time if you change your mind. You don't have to give a reason.

What will our talk be like?



First, we will give you a form to complete. It says that you agree talk to me about your periods and period pain

We will give you a copy of this form.



I will ask you if you want to be filmed or recorded.

The recording and film are kept safe at Oxford University.



We will interview you one or two times and we will chat about your experiences of periods and period pain . It should not take more than 1 hour.

After this I will give you a £30 shopping voucher to say thank you for your time.



It is alright if you change your mind about taking part.

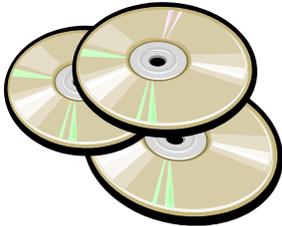
If you do, all of your recordings and film will be destroyed. That way, nobody can see them.

We will take your interview off the HEXI website.

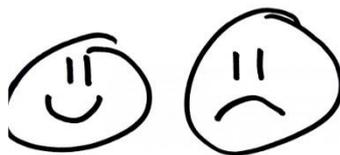
I will use what you tell me to write a report.



I will send you a copy of the interview.



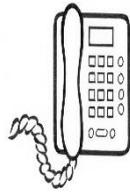
I can send a copy of the interview recording if you want.



You can talk to me if you watch your film and there is something you are not happy with.



On HEXI you can choose how your story appears. Video, audio, or written.



You can phone me about this project.

My number is 07990515071



If you think I am treating you or someone else badly, you should complain to **Sue Ziebland**.



She is in charge of our team and you can call her on 01865 289302. Or you can email the boss of our group on ctrq@admin.ox.ac.uk.

Thank you