

AUGUST 2021



SuMMiT-D

Support through mobile messaging
and digital health technology for diabetes



GREAT NEWS!

**RECRUITMENT TO THE
FULL TRIAL IS NOW
CLOSED**

**WE RECRUITED AND
RANDOMISED 1039
PEOPLE WITH TYPE 2
DIABETES TO THE TRIAL**

**BASELINE INTERVIEWS
WITH 35 PARTICIPANTS
COMPLETED**

Update:

Since our last update in December 2020 a lot has obviously happened. No one could have foreseen the impact COVID-19 would have on us all, or how it would impact research.

Whilst we successfully opened 73 GP practices from 7 regions, response rates were so good we reached our target for recruitment with mailouts from just 42 of these.

Recruitment of all participants was achieved in just under 4 months.

Thank you to everyone who worked with us to help us achieve this!

Our qualitative team has also been hard at work, interviewing a selected sample of 35 study participants over the phone. These entry interviews have explored people's initial experiences of using the SuMMiT-D system for a month. The same participants will then be contacted at the end of the study and asked to describe their experience of using the system over the course of a year.

Study participants will now receive messages for 12 months, and asked to complete questionnaires at 3, 6 and 12 months participation.

If you have any questions or require any further information on the study, please contact either the Oxford or Manchester study team.

OXFORD STUDY TEAM

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MANCHESTER STUDY TEAM

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Thank you to everyone who has helped us with this study!

Further updates will become available on the study website:

<http://www.summit-d.org>

