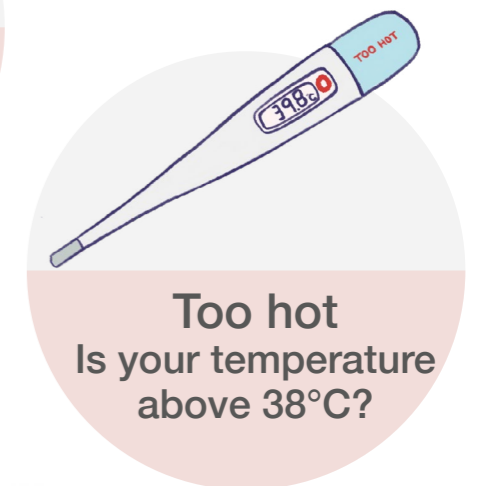
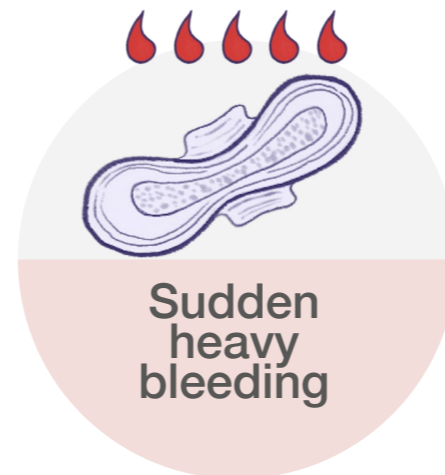
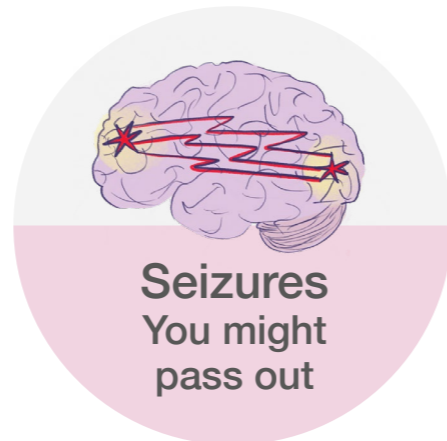
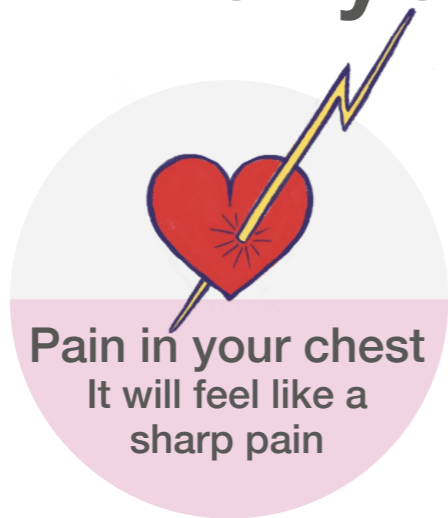


# Have you just had a baby?

If you don't feel well call NHS 111 or your GP



It's important to look after yourself after you've had a baby

**CALL 999 if you have these signs**

**SEEK HELP URGENTLY if you have these signs**

