**Job description for Medical Sessional work in the Chronic Pelvic Pain Service**

The purpose of this post is to provide service provision and training in the management of chronic pelvic pain in women, in the context of a busy secondary and tertiary specialist outpatient clinic. We are inviting applications from clinicians such as General Practitioners or other doctors with an interest in women’s health, to join our lively and innovative multi-professional team for one or more sessions a week.

Hosted within the Gynaecology service of Oxford University Hospitals Foundation Trust, the team is one of the UK’s largest pelvic pain clinics for women. This multi-disciplinary service provides high quality, holistic and personalised care for those aged 14 years and above suffering with persistent or recurrent pelvic pain, whether or not underlying pathologies such as endometriosis have been identified.

We aim to provide a service which is compassionate and effective, informed by current understanding of both gynecological pathologies and the wider pain mechanisms underlying chronic pain. The team, which includes pain psychologists, women’s health physiotherapists, counsellors, nurses and gynaecologists, is looking for medical practitioners who would be interested to learn more about pelvic pain and contribute to patient care, as well as train other clinicians.

**Pelvic pain service commitment**

The post holder will be expected to participate fully in care pathways within the outpatient pelvic pain service including the initial telephone assessment of patients, which is followed by face to face discussion and examination in the multi-professional clinic at a later date. The post holder may also be asked to undertake routine and emergency follow ups, and engage in telephone and email discussions with patients and GPs. The pelvic pain service consists of four adult pelvic pain sessions each week, in addition to two dedicated adolescent clinics. Clinicians working in the pelvic pain service also liaise closely with the endometriosis service.

Training will be provided in all areas relevant to clinical practice focusing on the development of skills to assess, investigate and manage pelvic pain. Specifically, the post-holder will learn to assess and initiate independently the treatment of endometriosis-associated pain, bladder pain syndrome, vulval pain syndrome and dyspareunia. They will develop an understanding of the role of social and psychological factors as well as the nervous and musculoskeletal systems in the genesis and maintenance of pelvic pain, and will become skilled at identifying contributory factors and facilitating discussion of potentially sensitive or challenging topics.

The post holder will work closely with and be trained by the multi-professional team. It is hoped that this offers an opportunity to develop a special interest in pelvic pain which could be shared with colleagues in other contexts and support the understanding and care of this group of patients.

Telephone clinics can often be delivered when working from home, provided that opportunities to discuss clinical cases with the supervising clinicians can be created. The team values flexible working patterns and also regular personal contact between team members.

The post holder will report directly to Ms Jane Moore (adult service), and/or Professor Katy Vincent (adolescent service) who are consultant gynecologists and will supervise training.

Please contact Jane Moore ([jane.moore@wrh.ox.ac.uk](mailto:jane.moore@wrh.ox.ac.uk)) if you wish to discuss the nature of this post further. It is intended to be flexible and appealing to candidates from a range of backgrounds and experience and can be adapted to suit their needs.

**Possible sessions**

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| --- | --- | --- |
|  | **Morning** | **Afternoon** |
| **Monday** |  | Adult pelvic pain new patient telephone clinic |
| **Tuesday** | Adult pelvic pain new patient telephone clinic |  |
| **Wednesday** | *Adolescent* multi-professional pelvic pain clinic | *Adolescent* pelvic pain telephone clinic |
| **Thursday** | Adult multi-professional pelvic pain clinic | Adult telephone urgent/follow up pelvic pain clinic/MDT |
| **Friday** |  |  |

**Person specification**

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| --- | --- | --- |
|  | **Essential** | **Desirable** |
| **Personal** | Highly motivated, patient centred clinician  Curiosity about clinical medicine and practice  Ability to work flexibly in response to service commitments |  |
| **Professional** | Fully qualified medical practitioner  Enthusiasm for teaching and training  Experience and enthusiasm for working in a multi-professional team  Ability to work with others | Experience of being trained by and training clinicians outside own field  Experience of design and implementation of new clinical pathways |
| **Clinical** | Excellent clinical skills in history taking and examination  Ability to help women feel heard  Ability to demonstrate empathy and support  Excellent communication skills to explain complex concepts and help patients engage in managing their own health | Experience of working with patients who have had traumatic or abusive experiences  Familiarity with pain medications including their risks and benefits  Familiarity with hormonal medications and their use in manipulating the menstrual cycle |