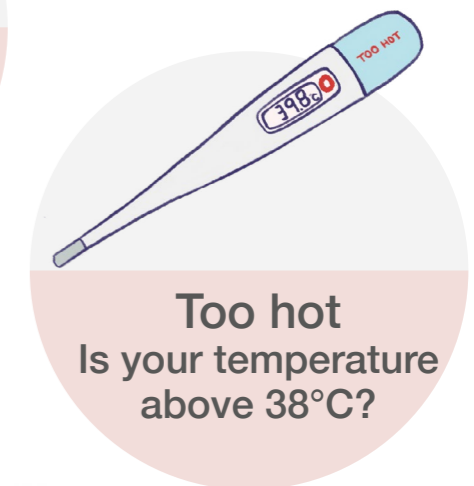
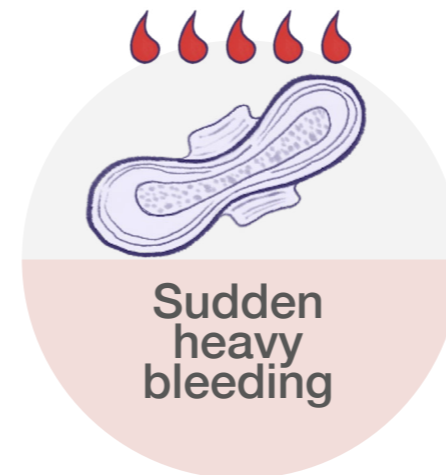
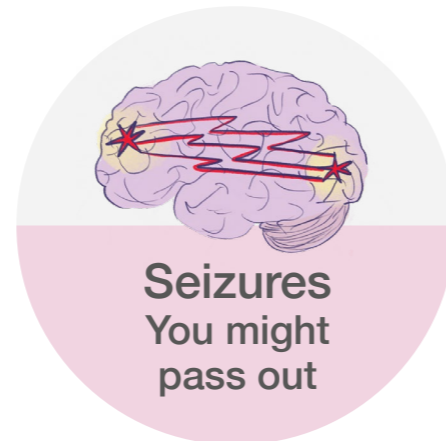
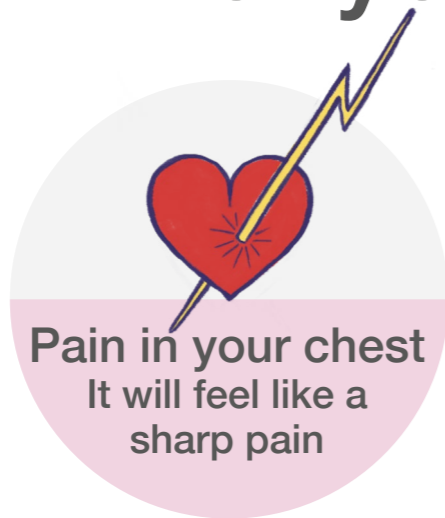


Have you just had a baby?

If you don't feel well
call NHS 111 or your GP



It's important to look after yourself after you've had a baby

CALL 999 if you have these signs

SEEK HELP URGENTLY if you have these signs

